RANCHI

BHUBANESWAR

additional deployment of central forces.

In view of the protests in the restive north-

eastern State, an order issued by the dis-

trict magistrate of Imphal West stated that

the "superintendent of police in Imphal

West... Has reported serious breach to

peace, disturbance to public tranquillity,

riot or affray in the area, and grave dan-

ger to human lives and properties due to

unlawful activities of anti-social ele-

The district administration banned

the assembly of five or more people and

the carrying of sticks, stones, firearms, or

sharp weapons under sub-section 2 of

Section 163 of Bharatiya Nagarik Suraksha

Sanhita (BNSS). In Imphal East district,

people have been prohibited from stepping

outside their residences from 10 pm on

Saturday, until further orders under sub-

"Violent protests broke out after the

arrest of a leader of Arambai Tenggol. All

preventive measures are in place," a police

officer said. In Kwakeithel, several gun-

shots were heard, but it could not be ascer-

Protesters also gheraoed the Imphal air-

port gate at Tulihal after the arrest of the

section 1 of section 163 of BNSS.

tained who fired the shots.

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VIJAYAWADA

Manipur on the boil again

BHOPAL



A man removing a burning tyre after violent protests erupted in Manipur over the arrest of a leader of Meitei outfit Arambai Tenggol in Imphal

PIONEER NEWS SERVICE ■ Imphal

PUBLISHED FROM:

day after protests erupted in Manipur over the arrest of a leader of Meitei outfit Arambai ▲Tenggol, situation remained tense on Sunday with the administration imposing prohibitory orders in five Imphal valley districts and suspending internet services in parts of the northeastern state, police said.

As a preventive measure, prohibitory orders have been clamped in Imphal West, Imphal East, Thoubal, Bishnupur and Kakching districts, while internet and mobile data services, including VSAT and VPN facilities, have been suspended in these valley areas.

Manipur Governor Ajay Kumar Bhalla on Sunday held a security review meeting with senior officials in the wake of violent protests. A Raj Bhavan statement said the governor also met a delegation of MLAs who apprised Bhalla of the current law and order situation in the state.

"The governor held a security review meeting with senior administrative and security officials. During the meeting, a comprehensive discussion and review of various matters relating to the current law and order situation in the state were deliberated," it said.

The security advisor, the director general of police, the commissioner (home), the secretary to the governor, the additional director general of police (law and order), IGAR (S), the inspector general, CRPF and other senior officials were present during the meeting.

"Today, a group of MLAs called on Governor of Manipur, Ajay Kumar Bhalla, at Raj Bhavan during which the MLAs apprised the governor of the current law and order situation in the state and requested his intervention to help find an amicable solution," the Raj Bhavan statement said. The Governor told the delegation that all "necessary steps are being taken to address the concerns and to restore normalcy", it said.

Protesters torched tyres and old furniture in the middle of roads in Kwakeithel and Uripok, demanding the release of the leader. They clashed with security forces at different places in the State capital on Saturday night.

A mob also set a bus on fire at Khurai Lamlong in Imphal East district.

Security has been enhanced along the roads leading to the Raj Bhavan here with Arambai Tenggol leader. with locals gathering in large numbers on Sunday to demand swift action and the arrest of the culprit. Police and paramilitary personnel have been deployed in the area on Sunday to maintain law and order. A massive police manhunt for

> Suspicions grew around a locked house in the vicinity. When residents broke open the lock, they made a horrifying discovery - the girl's body inside a suitcase, partially undressed, with no clothes on her lower half, pointing to a possible sexual assault and took her to the nearby nursing home.

the absconding accused.

PIONEER NEWS SERVICE ■ New Delhi

raped and murdered in the Nehru Vihar

area of North-East Delhi. Her body was discovered stuffed inside a suitcase in a

locked house, sparking public outrage

waves through the national Capital, ▲a nine-year-old girl was allegedly

CHANDIGARH

Nine-year-old's murder

The girl, a resident of Nehru Vihar, had gone to give ice to a relative living nearby around 7 pm on Saturday. Police sources said the perpetrator of the heinous crime seems to have fled after stuffing the body in the suitcase. Senior police officers said all angles are being probed, including sexual assault.

"We are awaiting the autopsy report to confirm the cause of death. Teams have been formed to nab the absconding accused. We are taking this matter with utmost seriousness," a police officer said.

According to her father the 9-year-old girl who went out to deliver ice was found raped and murdered in Nehru Vihar. When she did not return home for a long time, her parents began searching for her. According to the victim's father, they approached several relatives and neighbours, but no one had seen her after her brief visit to the relative's house. The girl's body was found on Saturday evening.

Senior officials of the Delhi Police said all angles are being probed, including sexual assault. "We are awaiting the autopsy report to confirm the cause of death. Teams have been formed to nab the

sparks protests in Capital absconding accused. We are taking this matter with utmost seriousness," a police officer said. The child, a resident of Nehru Vihar, had gone to give ice to a relative living nearby around 7 pm, her fam-

DEHRADUN

When she did not return home for a long time, her parents began searching for her. According to the victim's father, they approached several relatives and

The girl's father alleged that when he reached the house, it was locked. Suspecting something was wrong, he broke the lock and entered

neighbours, but no one had seen her after her brief visit to one relative's house. "She had only gone to deliver some ice to our relatives. They said she stayed for five minutes and left. But she never came back. We looked everywhere. Finally, someone told us she was seen entering a house nearby. That's where we found her in a suitcase," he said.

The girl's father alleged that when he reached the house, it was locked. Suspecting something was wrong, he broke the lock and entered the room.

Inside, he found his daughter stuffed in a bloodstained suitcase. They rushed her to a local clinic, but the doctor asked them to take her to a hospital immediately. At Jag Pravesh Chandra Hospital in Shastri Park, doctors declared her brought dead, the father said. A PCR call reporting the incident was received at Dayalpur police station around 8.41 pm, police said.

A police team was immediately dispatched to Gali No. 2, Nehru Vihar, where they learned that the girl had already been taken to Jag Pravesh Chandra (JPC) Hospital by her father, a senior police officer said.

Hospital authorities informed the police that the girl was declared dead.

Delhi to sizzle this week

HYDERABAD



RAJESH KUMAR New Delhi

et ready to face extreme heat as the temperature is likely to hit 44 the temperature is likely to and degrees Celsius in the next few days. The national Capital region (NCR) is in for a stretch of oppressive weather, with hot and humid conditions expected to continue till Thursday. This is the first time the maximum temperature in the Capital crossed the 40 degrees Celsius mark in the month of June this season.

The maximum temperature in Delhi rose to 42.1 degrees Celsius, 2.1 degrees above the seasonal average, while the minimum temperature was recorded at 27.7 degrees Celsius. Ayanagar was the hottest area in Delhi where the maximum temperature was recorded 44.1 degree Celsius, followed by Palam 43.6 degree Celsius. Ridge was recorded 42.9 degree Celsius while Lodhi Road 42. 3 degree Celsius.

The India Meteorological Department (IMD) has issued a yellow alert for the next four days, in several parts of North and Central India, including Delhi, over the next few days, warning residents to take precautions against heat-related discomfort. This will also likely be one of the last intense heat spells, before the monsoon resumes progress in other parts of

As the monsoon's advance stalls, dry westerlies and relentless sun have turned the Capital into a furnace, with no immediate relief in sight. On June 8, residents woke to stifling heat and humidity, foreshadowing one of the season's most intense stretches yet.

The ByStander

Reliance Infra

ventures into

business

aircraft upgrade

PIONEER NEWS SERVICE ■ New Delhi

upgrade programmes, eyeing an oppor-

tunity of ₹5,000 crore over the next 7-

10 years. This strategic foray positions

Reliance Infrastructure as India's first

private sector company to independent-

ly execute a comprehensive aircraft

upgrade programme without being the original manufacturer -- a domain

traditionally dominated by public sec-

According to a company source, the

company has already marked a signif-

icant milestone by successfully

upgrading 55 Dornier-228 aircraft under a contract with Hindustan

Aeronautics Ltd (HAL), in collabora-

tion with US-based avionics firm

Genesys. Initially awarded a contract

for 37 aircraft, Reliance secured a

repeat order for an additional 18 units

following the successful execution of an earlier contract. The total value of

the Dornier upgrade contract was ₹350 crore, sources said. The upgrad-

ed Dornier fleet is operational with the

Indian Air Force, Indian Navy, and

Globally, the market for military air-

craft and helicopter upgrades stands

at over ₹5,00,000 crore annually, and

is projected to rise to ₹7,00,000 crore

tor units and OEMs.

Indian Coast Guard.

in the next seven years.

eliance Infrastructure is looking

to turbocharge its defence verti-

cal with a focus on aircraft

Congress questions BJP defence of EC

ments.

PIONEER NEWS SERVICE ■ New Delhi

day after senior Congress leader Rahul Gandhi sought the Election Commission's response on his article alleging rigging in Maharashtra polls, sources in the poll watchdog said on Sunday the constitutional body would respond only if the Leader of the Opposition writes to it directly. They also pointed out that as part of its outreach, the EC had invited all six national parties for separate interactions. While the other five met the EC brass, Congress cancelled the May 15 meeting.

Rahul had on Saturday hit back at the Election Commission after sources in the poll panel rejected allegation of rigging in the 2024 Maharashtra Assembly polls, saying evasion would not protect its credibility but telling the truth would. The Leader of Opposition in the Lok Sabha polls had alleged "match-fixing" in the Maharashtra polls and claimed that it would next happen in the Bihar elections and "anywhere the BJP is losing".

Responding to a question on Rahul Gandhi's demand for CCTV footage of polling stations of Maharashtra of the evening hours, the sources said as per instructions of the EC, the CCTV footage of polling stations can always be scrutinised by the competent high court when an election petition is filed.

"This is done by the EC to protect the integrity of elections as well as protect the



LoP in the Lok Sabha and Congress leader Rahul Gandhi addressing a press conference

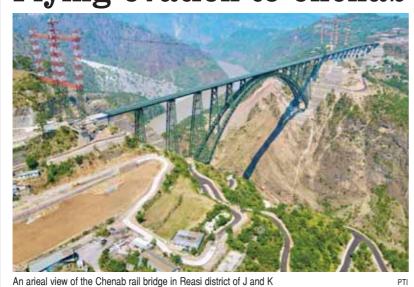
privacy of voters. Why does Rahul Gandhi want to invade the privacy of voters which is to be protected by EC as per electoral laws?" a functionary responded.

They also said that by alleging fudging in voters list, Gandhi has actually questioned booth level agents appointed by his own party and polling and counting agents appointed by his own party's candidates in Maharashtra.

Maharashtra Chief Minister Devendra Fadnavis said Rahul Gandhi, instead of introspecting on the defeat in the 2024 State Assembly polls, has been repudiating the mandate given by the people because they rejected him. The leader of opposition in the Lok Sabha is preparing his excuses for future defeats in the upcoming assembly elections, including Bihar, Fadnavis said.

'The people have rejected Rahul Gandhi, and in retaliation, he is rejecting the people and their mandate. It would be more prudent to accept defeat for once and introspect on where you are going wrong, where your connection with the people is lacking, and what you should do about it," he said.

Flying ovation to Chenab Bridge



MOHIT KANDHARI ■ New Delhi

¬he world's highest rail bridge on the Chenab river in Jammu and Kashmir, inaugurated by Prime Minister Narendra Modi on June 6, has become a craze among air travellers flying

According to a press statement issued by the railway ministry, flight pilots are making special announcements and passengers are showing eagerness to capture photographs of the Chenab Bridge, the vorld's highest railway-arch bridge.

'The Chenab Bridge draws admiration from every altitude, where pride rises

from the earth and echoes through the clouds," Dilip Kumar, Executive Director, Information and Publicity, Railway Board, said on Sunday.

'These days, every flight that passes over the majestic valleys of Jammu and Kashmir witnesses a truly special moment. As the aircraft approaches the Chenab valley, the pilot's voice echoes through the cabin: Below you is the world's tallest railway-arch bridge, the Chenab Bridge," he added. The moment the announcement is made, passengers rush to the windows and start recording videos and clicking pictures of this historic marvel on their mobile phones.

"A wave of pride sweeps through the cabin -- passengers clap, smile and share words of admiration for the brilliance of Indian engineering," the press note said.

Days after its formal inauguration, even down below, the enthusiasm is equally contagious, it added. Railway officials stated that locals from nearby villages and mountainous regions are seen taking photographs and recording videos of the bridge from different vantage points.

"Some are live-streaming the moment, while others are sharing it instantly across Instagram and Facebook," an official

Tunnel to ease Capital airport, Gurugram traffic

RAJESH KUMAR ■ New Delhi

n a move to ease traffic, the National Highways Authority of India (NHAI) will build a tunnel worth Rs 3500 crore connecting Nelson Mandela Marg in Vasant Kunj to Shiv Murti interchange, Mahipalpur. The 4.9 km tunnel will be part of the National Highway 148AE and is intended to provide a direct, bypass route for traffic heading towards or from Gurugram and the Indira Gandhi International Airport (IGIA).

Announcing this, Delhi Chief Minister Rekha Gupta said the Union Ministry of Road Transport and Highways has approved six major infrastructure projects

One of the key projects is a 5-kilometre-long tunnel that will not only balance the traffic between South Delhi and NCR but will also help curb pollution and transform the overall look of the area. The tunnel, stretching from Shiv Murti-Mahipalpur (Dwarka Expressway) to Nelson Mandela Road (Vasant Kunj), will reduce congestion on multiple routes and create a signal-free corridor.

The NHAI will construct the tunnel, comprise two underground tubes - one each for up and down traffic. Each tube will have three lanes, making a total of six lanes available for smooth traffic movement. The tunnel will also be equipped with modern facilities such as electromechanical systems, ventilation, fire safety, CCTV surveillance, control rooms, emergency exits, and cross-passages.

The CM said that after a recent meeting with Union Minister Shri Nitin Gadkari, several projects worth ₹24,000 crore aimed at streamlining traffic and reducing pollution in Delhi and adjoining areas have been approved.

She further explained that the construction of this tunnel will significantly ease traffic congestion on Nelson

Mandela Road (Vasant Kunj), Mahipalpur, and Rangpuri. It will also reduce the traffic load on Dhaula Kuan, Rao Tula Ram Marg, and National Highway 48 (NH-48) in the Mahipalpur area. The tunnel will offer a direct, signal-free alternate route between South Delhi and Dwarka/Gurugram, which is expected to help eliminate traffic jams on NH-48, especially during peak

The CM also noted that in the future, this tunnel will serve as a key connector between Central/East Delhi and multiple

The NHAI will construct the tunnel, comprise two underground tubes - one each for up and down traffic. Each tube will have three lanes, making a total of six lanes

major expressways and highways including the Delhi Expressway (NE-5), NH-44, NH-10, Delhi-Jaipur Highway (NH-48), and Delhi-Dehradun Expressway (NH-709B) via the Urban Extension Road (UER) and Dwarka Expressway. This will lead to smoother traffic across these routes and a significant reduction in pollution levels.

The CM informed that all technical and formal requirements for the project are in their final stages, and work is expected to commence early next year.

Calling this project, the "foundation for the Delhi of the future," CM Rekha Gupta said that the tunnel will give a new direction to Delhi's infrastructure and bring relief to millions of citizens. She further added, "We are committed to making Delhi congestion-free and clean. The construction of this tunnel will reduce the burden on roads, eliminate traffic signals, and save fuel."



Chief of Army Staff General Upendra Dwivedi during a visit to the Kedarnath temple

Call to rename Ranchi Airport as 'Bhagwan Birsa Munda Airport' gains momentum



fresh demand has been raised to rename the Birsa Munda Airport in Ranchi as "Bhagwan Birsa Munda Airport," in recognition of the tribal icon's unparalleled legacy and contributions. The appeal comes from Amarpreet Singh Kale, a senior social worker and founder president of "Naman - Shaheedon Ke Sapno Ko,' an organization dedicated to honoring India's martyrs.

Kale has sent an emotional letter to the Chief Minister

of Jharkhand urging the state government to recommend and take formal steps to rename the Ranchi-based airport with the revered title "Bhagwan" prefixed to Birsa Munda's name.

Speaking about the inspiration behind his appeal, Kale said that earlier in the morning, while traveling from Ranchi to Delhi, he heard the airport being referred to as just "Birsa Munda Airport" during the in-flight announcement. The mention, he said, stirred a deep emotion and a sense of injustice within him.

Dharti Aaba, who is worshipped as a deity by millions, continues to be addressed without the reverence he rightfully deserves. That moment strengthened my resolve to formally raise this demand," Kale noted in

his letter. He further emphasized that Bhagwan Birsa Munda holds a sacred and unshakable position in the cultural and spiritual consciousness of Jharkhand's people, particularly the tribal communities. Referring to him simply as "Birsa Munda," he argued

tude of his sacrifice and struggle.

Kale also reminded the state and central governments that Prime Minister Narendra Modi, the current Chief Minister Hemant Soren, and several former chief ministers have repeatedly addressed him as "Bhagwan Birsa Munda" in their public speeches. "When our leaders unanimously recognize him as 'Bhagwan,' then why should our airport not reflect that reverence?" Kale ques-

He believes that renaming

symbolic act, but a step towards historical and cultural justice, giving due honour to a spiritual and revolutionary icon who laid down his life for tribal rights and

A copy of Kale's letter has been dispatched to Prime Minister Narendra Modi, the Prime Minister's Office, Governor of Jharkhand, Chief Minister Hemant Soren, and Union Civil Aviation Minister Jyotiraditya Scindia. The demand has also been shared via Kale's Twitter handle and is significant, as it comes on the eve of Balidan Diwas, observed on June 9 to commemorate the martyrdom of Bhagwan Birsa Munda. Kale expressed hope that the state government would take a sensitive and prompt" decision on this emotional and long-pending demand.

The suggestion has already started gaining attention on social media, with many expressing solidarity with the call to give due honour to one of India's most iconic tribal freedom fighters.

Water wealth of Palamu to be resuscitated with Niti Ayog funding

PNS: DALTONGANJ

Rivers in Palamu are its water wealth. But this wealth is either shrinking or decaying. Rains fed rivers abound more than the perennial one.

Efforts are on to resuscitate the sighing rivers. Niti Ayog is to give fund to the tune of rupees 3 crore for the Batane river eco system improvement programme.

This river which has little over 2,011 metre length in Jharkhand's Palamu district is now a total dry said the nodal officer of the eco system improvement programme Satyam Kumar who is the DFO (divisional forest officer) of Medininagar forest divi-

"Batane river should have been a perennial river but instead of that it is a rain fed river now gone all dry and so under the eco system improvement programme we want to turn it into a perennial river" said Satyam known by his first name.

Only this last Friday deputy commissioner (DC) Palamu Sameera S held a top level meeting attended by three IFS officers, two of them from the Palamu tiger reserve

Ashish, DFO Medininagar forest division Satyam Kumar including DDC M Shabbir Ahmad, additional collector Kundan Kumar, to 'rehabilitate and rejuvenate' the Batane river.

Sources said the DC Sameera S has asked the team to do everything to preserve and conserve the water wealth of Palamu. Fate of revival of Batane river will be a deciding factor of many more rivers which are battling for its existence and sur-Deputy development com-

missioner (DDC) Md Shabbir Ahmad told this correspondent "A GIS (geographic information system) mapping of this river Batane will be done by the GIS expert. Drone camera will also be pressed in."

"Eco system improvement programme is a multi pronged approach to restore water flow in this river Batane." reiterated the DDC Batane river is of the

Ganga basin and is a tributary of the Punpun river in Bihar which stretches in Jharkhand Palamu district's Chhaterpur and Harihurganj police station limits.

The Planning Commission namely P K Jena and Kumar of India had approved the

Batane dam project in 1974 which was completed in 1990. On how to make this total dry Batane river a water flowing river, the nodal officer

Satyam said "Revegetating the surroundings is very important. Plantation of native species promotes revegetation."

at bay. Any such debris has to be flushed out first" outlined the nodal officer.

The second important

task is to keep pollution and contamination of the river bed

Earthen infra structure

facilities like check dams and barriers are another booster for the revival of the river.

"Batane river is now in the ICU. It's choking. It has to be brought to life breathing and running" admitted administrative sources. In order to 'stabilise' the

Batane river wetlands are to be created to reduce flooding. Boulders in mesh of wires are a handy means added the nodal officer. Additional collector

Kundan Kumar has been entrusted with the task of finding out ways and means for larger participation of the locals living in the contiguity of this river.

DDC M Shabbir Ahmad said the recovery and reclaiming of the Batane river will open a new door of river therapy in Palamu for which the DC is too concerned.

A motley of departments like watershed, MGNREGA, waterways, minority irrigation will converge on this eco system improvement programme of the Batane river added the DDC. End

SAIL Defence Conclave to bolster indigenous defence infrastructure



PNS BOKARO

Steel Authority of India Limited (SAIL) hosted the SAIL-Defence Conclave 2025 at its Alloy Steels Plant (ASP) in Durgapur, reaffirming the company's strategic commitment to strengthening India's defence infrastructure.

As a leading supplier of special defence-grade steel for indigenisation projects, SAIL organized the conclave to deepen its collaboration with Defence Public Sector Undertakings (DPSUs) and to address the evolving requirements of the defence sector.

The conclave focused on themes of self-reliance, indigenisation, and import substitution, aligning with the Government of India's Aatmanirbhar Bharat initiative. Senior officials from key defence establishments, including ordnance factories, actively participated in the deliberations. SAIL's senior leadership, including Director (Commercial) Chakravarthy and Director

In-Charge of Rourkela Steel Plant & Additional In-Charge of Durgapur and Burnpur Steel Plants Alok Verma, shared their insights.

Discussions centered around better alignment of material specifications, adoption of indigenous technologies, and expanding SAIL's role in meeting critical defence needs. The conclave reinforced SAIL's position as a reliable and strategic partner in India's defence manufacturing ecosystem.

The company reiterated its firm commitment to advancing the nation's self-reliance in defence and security and expressed readiness to increase its supply to the sector in line with national

Medical services at Garhwa Sadar hospital turmoil

NITYANAND DUBEY : **GARHWA**

The medical services at Sadar Hospital have completely collapsed, with widespread negligence and misconduct among doctors and healthcare staff. The hospital's Deputy Superintendent, Dr. Harenchandra Mahato, and Manager Sunil Mani Tripathi, who are responsible for ensuring smooth operations, are frequently absent from duty under various pre-

According to regulations, only allopathic doctors are

authorized to treat patients at Sadar Hospital, and a duty roster is in place to ensure this. However, several doctors routinely neglect their responsibilities in both the Outpatient Department (OPD) and Emergency, instead assigning inadequately trained medical staff or homeopathy practitioners to treat patients during their scheduled shifts. This has resulted in dire

consequences for patients, many of whom visit the hospital seeking quality treatment. Shockingly, even critically ill patients referred

by MBBS-qualified doctors from Community Health Centers end up being treated by homeopathy doctors at Sadar Hospital. These homeopathic practitioners not only diagnose and treat patients but also freely prescribe allopathic medicines — a clear violation of medical norms. Unaware of the deception rural patients remain oblivious to the fact that their treatment is being handled by unqualified personnel. This malpractice has led to worsening health conditions and, in some cases, even



Know the soul of nation without visiting India



DR. MAYANK MURARI

It is difficult to study ourselves, so life is studied. If we want to understand life, then we have to understand our society. Society means village, city and family. In this too, the village is where India resides. Therefore, the knowing the village means perception of the sour of Bharat without visiting it. If we want to see the life of India, to understand the various colours of man, then Indian village is an ideal place. Life gets some meaning in the village, the moment we spend in the village. Colour and juice are communicated in life. There are stories in the village, traditions, speed, then it has a taste. Phaniswarnath Renu's novel "Maila Aanchal" is a sacred scripture of Hindi literature in which rural India is renamed. This novel has every taste of rural India.

From simplicity to cunning, from charismatic beauty to shameless ugliness, from gross injustice to serious righteousness. Nothing leaves. Renuji argues that his country is still a colony, in terms of both value and behavior. It is based on the lives of people living in a small village in Bihar from 1945 to

1948 in the novel. There is a description of their sufferings and tribulations here.

While reading this novel, every time the idea comes as to why it has been named Maila Aanchal. The term has been used many times in the book and refers to various points of women's life like Lakshmi, Kamali and Bharat Mata. The main reference was towards India, which is considered a mother and whose aanchal (the decorative part of the sari which is either placed on the head or hanging on the shoulder) has deteriorated due to the actions of some people of this society. These people were earlier also, are still today and will remain in future.

Despite these, it is being wished through literature that we should spend our lives in cleaning this area of Mother India. Perhaps this zone is not as good as it should be today. The writer himself has said that there are flowers, there are also colic, roses, colors, sandalwood, are also natural, also ugliness. And politics, poverty, love, lust, incest, cheating in the village. Everything is there. The title of the novel is taken from Sumitranandan Pant's poem "Bharat Mata". Shyamal is spread in the fields, dusty sloppy, tears in the Ganges Yamuna, the idol of clay

There are some very unique ways to enjoy the memorable moments of life even in the sloppy Aanchal. On all important occasions, specific types of music of that area are celebrated with the beat of instruments. Dhol,



Digga, Mridunga, Nagara and Jhanjh are often used musical instruments.

This novel was published in 1954. Three years ago, in 1951. Tarashankar Bandopadhyay's "Hansuli Banker Upakha" was pub-"Hansuli lished. The background and style of both novels can be seen very brilliantly. The regional novel not only emphasizes the settings, bids and social structure and customs of a particular area, but also emphasizes the nature of the characters and their way of thinking, feeling and inter-

The circumstances, living, thoughts, society of the village are as relevant today when this book was written. After reading some pages of this book, I started feeling that I am a part of the village and I am directly experiencing the events. It has the main character of Dr. Saheb who does not consider any relationship with heart and lungs, although after seeing Kamali,

he also feels that there is a surface of the heart in this human body. Kamali believes in her Prashant, her love remains on her faith, which remains till the end. Mamta saw a doctor's chit once but Kamali's faith is elsewhere. Prashant wants to cultivate love in the village, he will shake the crop of love on the earth wet with flowers. In the novel, it seems that we are also from the same village. The magical language is the shadow until the end. Dhol drums, clouds, electricity..We can hear the thing that is not there in this novel

It is an excellent work to describe rural and semi-rural life of Bihar (an Indian state) during the Indian freedom struggle. Writing local colloquial Hindi, Renu has beautifully portrayed the real picture of Gandhism, communism, religious fundamentalism and the influences of Congress party politics on the disturbed life of the villagers. I enjoyed reading the book a lot. This novel gives special attention to the changes coming from the political point of

This is the ideal of Bihar. Surprisingly, all these benefits could never be taken up by this part of India. In this novel, an attempt has been made to highlight all these things. A love affair between all of them and that too in which the depth of births. Through this, the lover and girlfriend's mood is introduced. Further, the equality of society is exposed in this style, and you are in such bonds as if they are not close to all of you with these hymns

FOR NATION-BUILDING 15-day residential leadership training camp concludes successfully

EMPOWERING YOUNG WOMEN

With patriotic fervor and vibrant enthusiasm, the Sevika Samiti Jharkhand Prant brought its 15-day residential leadership training camp to a successful culmination today at Saraswati Shishu Vidya Mandir, Dhurwa, with a grand

valedictory ceremony. A total of 225 Sevikas from 20 districts of Jharkhand participated in the camp, which aimed to instill discipline physical robustness, cultural awareness, and a deep spirit of patriotism in young women. The daily schedule included yoga, physical training, intellectual discussions, group dialogues, singing sessions, and community service activities — offering a holistic

development experience. Throughout the duration of the camp, around 14 instructors and 10 state-level officials were consistently present to guide the Sevikas. The training sessions were enriched by the guidance of esteemed national-level leaders —Sunita Haldekar Ji, Chitra Tai Joshi Ji, and Neeta Ba Ji— with continuous mentorship from Padma Devi Ji,

the Regional Contact Chief. Delivering the keynote address at the valedictory event, Akhil Bharatiya Sah Karyawahika Hon. Chitra Tai Joshi Ji remarked:

"Bharat Mata is the very essence of our existence. She fulfills our physical, intellectual, and spiritual needs. Every moment of our lives should be dedicated to her service." She highlighted a special

focus of this year's camp the 300th birth anniversary of Maharani Ahilyabai Holkar calling her a beacon of selfless service, righteousness, and ideal governance. "Maharani Ahilyabai

Holkar was a saintly queen whose legacy continues to inspire generations. She revitalized India's cultural soul by restoring sacred pilgrimage such as Kashi Prayagraj Vishwanath, Rameshwaram, Somnath and Mathura. Her contributions toward women's security, dignity, and empowerment* remain timeless les-



sons for modern India.

In the same spirit, she paid homage Maharani Durgavati, whose heroism was also prominently remembered during the camp:

"Rani Durgavati sacrificed her life defending her motherland against invaders. Her valor is a shining symbol of courage, self-respect, and patriotism. Her life reminds us that women's strength is integral to the defense and dignity of our nation.

Chief Guest, Director General of Police, Mrs. Nirmal Kaur, applauded the participants, noting:

This training initiative by Rashtriya Sevika Samiti is a powerful model for *nationbuilding through characterbuilding. It cultivates disciplined, ethical, and socially committed* citizens.

The camp also held intensive discussions and practices on national service, civic responsibility, social harmony, promotion of indigenous products, and environmental awareness. The camp's chief instructor was Manu Shri. A highlight of the training was the grand route march (Path Sanchalan) held on 6th June, where Sevikas, in full uniform, paraded through the city. The march, beginning from the school campus and passing through Durga Mandir and Bus Stand, was met with cheers and flower showers from the public, sym-



bolizing widespread community support and admiration.

The valedictory celebration witnessed a gathering of over 2,000 attendees from across society - including educators, intellectuals, social leaders, women's organizations, and the general public making it a memorable community event.

dignitaries Prominent from Rashtriya Sevika Samiti included:

Mrs. Usha Singh Ji (Prant Sanchalika), Mrs. Sharda Gupta Karyawahika), Dr. Tripula Ji (Prant Karyawahika), Mrs. Nirmala Singh Ji (Prant Sampark Pramukh), Mrs. Poonam Singh Ji, Dr. Jigyasa Ojha, Mrs. Shalini Sachdev Ji, Mrs. Rita Singh Ji, Mrs. Suman Sinha Ji, Mrs. Ganita Jha Ji, Mrs. Kusumlata Singh Ji, Jay Shri Kujur, Mrs. Sudha Prajapati, and Mrs. Aparna

The camp was efficiently coordinated under the supervision of Mrs. Jamvanti Mishra Ji (Prant Bauddhik Pramukh) as Class Officer, with logistical leadership by Mrs. Mridul Chaurasia. The program also had the support and presence of Mr. Siddhnath Singh (Central Member, Gram Vikas Ayam, Mr. Sachidanand Agrawal (Prant Sanghchalak), Mr. Ashok Srivastava (Sah Prant Sanghchalak), Mr. Vijay Ghosh Ji (Prant Samajik Sadbhav Coordinator), Mr. Guru Sharan Ji (National President, Seva Bharti), Mr. Akhilesh Mishra (Minister, Saraswati Shishu Vidya Mandir), and public representatives like Mr. Ganesh Mishra (BJP), Mrs. Asha Lakra, Aarti Kujur, Satyanarayan Kanth, Snigdha Ji, Mr. Sunil Ji, Achal Ji, members of the Bharatiya Mazdoor Sangh, and numerous women leaders and participants from diverse fields.

Police identifies Siramtoli flyover dangerous 'stuntman'

The youth, identified as Hunter fled out of fear of the police after which the police seized the bike.

PNS: RANCHI

The Ranchi police have identified the youth who was seen in a video performing dangerous stunts on his motorcycles atop the newly inaugurated the Kartik Oraon flyover popularly known as Siramtoli flyover few days back. The youth, who called himself Hunter, fled out of fear of the police, after which the police seized the bike.

The police team, led by Kotwali DSP Prakash Soy, raided and recovered the bike. But the youth managed to escape. The bike has been seized and kept in Sadar police station. According to the information, the name of the bike rider is Hunter alias Rider alias Kasif. Kasif had hidden the bike in someone else's house

The youth were openly making fun of the law by doing dangerous stunts. Not only this, the audacity of the

stuntmen increased so much that they also posted the video of the stunt on social media. But this is where the stuntmen made a mistake. Jharkhand government's Transport Minister Deepak Barua taking cognizance instructed Traffic SP Ranchi to identify the stunting youths, explain the rules of transport to them and take immediate

The video was posted on Instagram by transport minister Deepak Birua. Transport Minister Deepak Birua posted this viral video on Instagram and wrote, "Ranchi Traffic Police should identify this promising youth and tell him the transport rules and take immediate action. These people are not skilled but hooligans. Ranchi Police should be asked whether life is precious or glory?

After the minister's tweet, Ranchi Traffic Police has started identifying the youth

seen in the video. The police have said that after the youth is identified, he will be informed about the traffic rules and necessary action

will be taken as per the rules. Ranchi Police has said that their top priority is road safety and they will not tolerate activities like stunts under any circumstances. 'The bike of the stunting

vouth was seized on Saturday night while the search for the youth is on. The bike that was

speeding and doing stunts on the flyover has been recov-Ranchi's from Khijurtola, Booti Sadar police station area," said DSP

Kotwali Prakash Soy. It may be noted that Chief Minister Hemant Soren on Thursday inaugurated the long-awaited Sirmatoli flyover

in the capital, officially naming it 'Kartik Oraon Path' in honour of the late tribal leader and former Union minister. The flyover, stretching 2.34 km from Sirmatoli Chowk to MECON Roundabout via Rajendra Chowk, has been constructed at a cost of ?355.76 crore and is expected to ease traffic movement significantly in the city's congested zone.

The inauguration was held during the auspicious Abhijit Muhurat, adding a cultural and astrological dimension to the state government's showdevelopmental

The Chief Minister began the day by offering prayers at the Sarna Sthal and planting saplings at the newly constructed Van Bhawan, marking World Environment Day and signalling the government's dual commitment to infrastructure and ecological

Panki MLA Mehta ends dharna after Minister's

BJP MLA from Panki Shashi Bhushan Mehta who sat on dharna at Jharkhand Bhawan (New Delhi) over non allotment of rooms ended his dharna after the intervention of Health Minister Irfan

Talks were held between BJP MLA Dr. Shashi Bhushan Mehta and Minister Dr. Irfan Ansari regarding room allocation in Jharkhand Bhawan, Delhi. Dr. Mehta, upset with the situation of not being allotted a room, sat on a dharna at the reception counter of the building.

Minister Dr. Irfan Ansari assured Mehta and resolved the entire situation with peace and respect. He



assured the MLA that there is a little problem in the system, which will be rectified soon.

Minister Dr. Ansari said that as soon as Chief Minister Hemant Soren came to know about this situation, he contacted me and instructed to ensure immediate solution. Our government respects all MLAs equally, irrespective of

which party they belong to. Minister Dr. Ansari said that the new Jharkhand Bhawan is ready, now such problems will not arise. He also extended his heartfelt greetings to Dr. Mehta on the occasion of Eid-ul-Azha and invited him to his residence, saying that after returning from Delhi, you should come to my house, where I myself will serve you delicious dish-

Earlier, MLA Mehta told that he had already booked two rooms and had also confirmed it. But when he reached Jharkhand Bhawan, he was given wrong information. When he himself gathered information, he came to know that one room is booked in the name of the former MLA and the rest of the rooms are vacant. Due to which he

Dr Mehta urged the Jharkhand government to the system of Jharkhand Bhawan transparent and fair, so that the public representatives of the state can get both respect and facilities. He demanded strict action from Chief Minister Hemant Soren and said that if there is bias in the system, it

will be opposed.
MLA Mehta raised the question and said that Jharkhand Bhawan has been constructed by spending crores of rupees, but if the MLAs of the state have to face humiliation for the rooms here, then what does it mean. He said that this is an insult to the legislature of Jharkhand and it cannot be accepted

Cong In-Charge in Ranchi on a six-day tour

Congress' Jharkhand in-charge K Raju reached Ranchi late Saturday evening on a sixday tour of the state. During his 6-day stay, he will participate in various programs and meetings in different districts of the state.

Raju, while talking to the media at Birsa Munda Airport, said that the program of organization creation is going on and PESA law, Sarna Dharma Code is an important issue in this state.

Congress' Jharkhand in-charge will leave for Simdega on Sunday with State Congress President Keshav Mahato Kamlesh. There he will participate in a meeting with the District President, District Observer, ULB Observer, Block President, Block Observer and Mandal Presidents at the District Congress Headquarters. After this, he will participate in consultation on PESA rules with civil society workers of Kolhan region at the Circuit House in Chaibasa.

On June 9, Raju will hold a meeting with the District President, District Observer, ULB Observer, Block President, Block Observer and Mandal Presidents at the District Congress Headquarters in Ramgarh. Apart from this, he will also participate in the district level Save Constitution Rally in Bokaro.

Meanwhile. Jharkhand Pradesh Congress Committee General Secretary Alok Kumar Dubey has described the 11 years of the Narendra Modi Government at the Center as the most unsuccessful period for India's democracy and economic development. He said that the country is going through many deep crises today and in these 11 years, the Modi government has not only shown lack of communication but has also completely ruined the country's security, economic condition and

PNS: RANCHI

Krishna

Pratul said this admission

reveals two things: first, the

current government has

failed to improve the condi-

tion of Scheduled Castes in its

five-and-a-half-year tenure;

second, it has similarly deteri-

remarked that the Hemant

government claims to repre-

sent tribals, indigenous peo-

ple, and the oppressed, but

now its own minister is hold-

ing a mirror to it, highlighting

the deplorable condition of

Primitive Tribes under this

government. The BJP govern-

Scheduled Caste Commission

elections, it had limited time

to function. Despite being in

power for the last five-and-a-

half years, the Hemant Soren

However, due to the 2019

Sabha and Assembly

ment had formed

by the end of 2018.

situation of

Tribes.Pratul

Castes and

Primitive Tribes.

orated the

Scheduled

Primitive

Dubey said, "Modi Government has shaken



the foundation of democracy by keeping distance from communication in 11 years. Not holding a single press conference, running away from questions and being communication-less are dangerous signs for democracy. When the people of the country ask questions, the government remains silent. This clearly shows that the Modi government is afraid of accountability."

The party's State General Secretary also said that the security of daughters in the country is inadequate and a matter of concern "Atrocities against women are increasing, but the Modi government has neither any concrete policy nor any effective steps. The watchman is asleep and the public is feeling unsafe.

J'khand to get first sports school

PNS: RANCHI

A major initiative is being taken in the direction of grooming sports talents in Jharkhand and preparing them at a professional level The State Government is working on a plan to open Jharkhand's first residential sports school in Khelgaon,

The Directorate of Sports has also prepared a proposal for this. This school will take shape in the coming few

This sports school will have arrangements for studies from class 6th to 12th and it will be recognized by the Jharkhand Academic Council (JAC). The special thing is that along with studies, special attention will be given to sports training here Expert coaches will be appointed for each sport, so that talented children can

get the right guidance. Keeping in mind the fitness and performance of the students, a special diet plan will be prepared for them. Along with this, their lifestyle, routine and mental health will also be taken care of, so that they can balance both sports and studies.

This school to be built in Khelgaon will have separate hostel facilities for both boys and girls. All the necessary facilities will be provided in the hostel. Khelgaon is already famous for many sports and there are already built facilities like indoor and outdoor stadiums, grounds, tennis courts, volleyball and football grounds, which will only be slightly maintained.

The condition of the already built hostels in Khelgaon is not good at present, but they will be renovated under the Sports School Project. This will eliminate the need to build new buildings and students will be able to use these facilities directly.

The Sports Directorate will prepare special courses for this school, which will be designed with the help of sports experts. These courses will make children strong in both education and sports so that they can represent the state and the country in the future. At present, no clear information has been given about the fees or semester system of this

BJP'S ALLEGATIONS ON SC/ST

PNS: RANCHI

Jharkhand Mukti Morcha (JMM) General Secretary Vinod Kumar Pandey has outrightly rejected the allegations levelled by BJP spokesperson Pratul Shah Dev and called it blatant political hypocrisy. He said that the BJP remembers the SC and ST only when it is in the opposition. What they did for these sections while in power is known to the entire

Pandey said that the Hemant Government is a true well-wisher of the interests of the tribals, Moolvasis, Dalits and backward classes. 'The government's schemes 'Marang Gomke

Scholarship', 'Sido-Kanhu Krishi Samridhi Yojana', and 'Fellowship Scheme' - are effective steps towards empowering these sections. The BJP's allegation that the SC Commission has not been



formed is completely misleading. The government is working seriously in this direction and the commission will be reconstituted soon," he added.

On the questions raised about the letter of Minister Radha Krishna Kishore, the JMM General Secretary said that in a democracy every minister has the right to express his opinion, this is the specialty of Chief Minister Shri Hemant Soren, he believes in listening to every-

one and taking their opinion

sidedly. This is not the dictatorial government of BJP, he

Does any BJP minister have the freedom to write a letter to PM Narendra Modi? Or has any BJP minister written a letter to PM Modi? But the BJP is trying to mislead the tribal and Dalit society by making it an issue.

Pandey retorted that before talking about morality, the BJP should tell how many tribal youth it gave jobs to during its tenure, and why it had stopped specia

schemes for them. General The Secretary clearly said that the BJP is pretending to be pro-tribal and pro-Dalit, while its real policy has been to push these sections to the margins. The JMM government is walking on the path of development and social justice with full commitment. And this is what is bothering

ister's letter, the government with full sensitivity, not onehas implicitly admitted that the condition of Scheduled Castes and Primitive Tribes in Jharkhand is dire - Pratul

Prioritizing senior women's health: Dr. Anuradha G

PNS: RANCHI

As women reach the milestone of 65, their healthcare needs shift in predictable and deeply personal ways. While we often talk about menopause as a key turning point, much less is said about what follows. Yet the phase that is postmenopause and beyond is just as critical to a woman's health journey. Why health conversa-

tions after 65 matter Consultant Gynaecologist and Obstetrician, Miror Dr. Anuradha G said that

globally, women tend to live longer than men, but not necessarily healthier. According to the WHO, women spend more years managing chronic conditions such as osteoporosis, arthritis, and cognitive decline. Many of these are preventable or manageable with early attention, but too often, they go unaddressed because symptoms are normalized or dismissed as "just aging."

Every woman entering the senior age must provide



women lose bone up to

20 per cent rapidly postmenopause within the first 5–7 years. Screening for osteoporosis and maintaining sufficient calcium and Vitamin D levels is essential, another issue is

muscle loss) increases fall risk. Gentle strength-building exercises and adequate magnesium intake can help, next is emotional wellbeing: memory lapses, foggy thinking, or anxiety can sometimes signal deeper

issues. These symptoms deserve the same seriousness as physical ones Issue like slower metab-

olism and altered gut microbiota can affect nutrient absorption, energy levels, and weight. A fiber-rich diet and gut-friendly herbs like Triphala can support this area and as women age, maintaining the energy levels they once took for granted becomes increasingly important. They need to strive to restore natural vitality and combat the fatigue that can interfere with enjoying your favorite activities, spending quality time with loved ones, and pursuing the passions that bring you joy.

Miror's new product Mom I Love You (MILY), which combines plant-based extracts and essential nutrients specifically for this age group. It includes ingredients traditionally used in Indian wellness like Brahmi for focus, Ashwagandha for stress, and Arjuna for heart health, paired with minerals like magnesium and calcium for physical vitality.



government has not constituted this commission, reflecting its negative attitude toward

BJP raises question on CM's 72-Hour

silence over Kishore's Letter

this community Pratul said that a similar prevails situation Scheduled Castes and Primitive Tribes. The minister's letter makes it clear that Primitive Tribes have become a benchmark for backwardness, as the minister himself compares their condition to that of backwardness. Pratul noted that schemes like the Dakiya Yojana' and 'Pahariya Battalion', initiated under the BJP government, were good starting points, but the current government has done nothing for the upliftment of Primitive Tribes.

He added that Scheduled Tribes are also facing neglect under the Hemant govern-

ment's tenure. Forces promoting religious conversion remain active, with large-scale attempts to Scheduled Tribe convert members.

This government is also labeled as anti-backward, as it conducted panchayat elections without reserving seats for backward classes. Even now, the Backward Class Commission lacks a chairperson, and the local body election commission is also without a head.

Pratul stated that in an era of moral accountability, a chief minister would have resigned over such serious allegations by a cabinet minister, or the minister making such claims would have been sacked. However, this government suppresses issues until they fade away. The government's silence on the minister's letter is a tacit admission of the dire condition of Scheduled Castes and Primitive Tribes in the state.

BJP-led NDA redefined women-led development in 11 years: PM Modi

day before his Government marks its first anniversary in third term, Prime Minister Narendra Modi said on Sunday that the ruling BJP-led National Democratic Alliance (NDA) has redefined women-led development in its 11 years in power. In all sectors, including science, education, sports, start ups and the armed forces, women are excelling and inspiring several people, Modi said on social media.

He cited a number of welfare programmes which, he noted, have benefitted women immensely.

Various initiatives, from ensuring dignity through Swachh Bharat to financial inclusion via Jan Dhan accounts, the focus has been on empowering the women,

If 'Ujjwala Yojana' brought smoke-free kitchens running on gas cylinders to the poor households, 'MUDRA' loans enabled lakhs of women entrepreneurs to pursue Prime Minister Narendra Modi



the women's name in PM Awas Yojana too have made a remarkable impact, he added

'Beti Bachao Beti Padhao' (save daughter, educate daughter) programme ignited a national movement to protect the girl child, he said.

The Prime Minister shared a thread of a Government-run citizenship engagement platform, which listed benefits brought to women by several Government schemes. It said the maternal mortality ratio declined to 93 per lakh live births in 2019-21 from 167 in 2011-13, and the households with tap water connections zoomed to 15.64 crore in May 2025 from 3.23 crore in August 2019.

Over 10 crore cooking gas connections were given under the Ujjwala scheme, it said, while highlighting several other welfare measures targeting women.

In the run up to the anniversary, Modi has been highlighting his government's work for different sections of society, including the poor, farmers and youths.

NIA arrests three insurgents for attack on security forces

PIONEER NEWS SERVICE ■ New Delhi

he National Investigation Agency (NIA) has arrested three insurgents in a case related to a deadly attack on security forces that killed two police commandos and injured several others in ethnic violence-hit Manipur last year, officials said on Sunday.

The three men, along with their associates, planned, conspired and executed the attack on an Indian Reserve Battalion (IRB) post and security forces at Moreh in Tengnoupal district on January 17, 2024, they said. Among the arrested accused is Thangminlen Mate, a resident of Tengnoupal district and member of the Kuki Inpi Tengnoupal (KIT) insurgent group, an official statement said.

He played a key role in orchestrating and carrying out the attack, it said.

"He was apprehended on May 19, 2025, from Silchar, Assam, and produced before the NIA court in Guwahati, which remanded him to custody until May 28. He is currently lodged in Guwahati Central Jail under judicial custody," the

The other accused, Kamginthang Gangte, a member of the Kuki National Army (KNA), and Hentinthang Kipgen alias Thangneo Kipgen, associated with the village volunteers' group in Churachandpur district, were arrested from Imphal on June 6, the statement said.

"They were presented before the duty magistrate, who granted a transit remand until June 9 for their transfer to the NIA special court in Guwahati. The duo was part of the team that executed the deadattack," it added.

More than 260 people have been killed and thousands rendered homeless in the violence between the Imphal valleybased Meiteis and adjoining hills-based Kuki-Zo groups since May 2023.

The Centre imposed President's Rule in Manipur on February 13 this year after Chief Minister N Biren Singh resigned.

The violence started after a 'Tribal Solidarity March' was organised in the hill districts to protest against the Meitei community's demand for Scheduled

Resignation only option before Justice Yashwant Varma to avoid impeachment by Parliament

PIONEER NEWS SERVICE ■ New Delhi

esignation is the only option before Justice Yashwant Varma to avoid Justice rashwant variant is the impeachment by Parliament as the Government pushes for bringing a motion to remove the Allahabad High Court (HC) judge over alleged corruption.

Officials aware of the procedure to appoint and remove Supreme Court (SC) and high court judges pointed out that while defending his case before lawmakers in any of the House, Justice Varma can announce that he is quitting and his verbal statement will be considered as his resignation.

Should he decide to resign, he will get pension and other benefits entitled to a retired HC judge.

But if he is removed by Parliament, he will be deprived of pension and other benefits, they noted.

According to Article 217 of the Constitution, a high court judge "may, by writing under his hand addressed to the President, resign his office."

A judge's resignation does not require any approval. A simple resignation letter is sufficient.

A judge may give a prospective date to step down. In such cases, the judge can withdraw the resignation before the date he or she has mentioned as the last day in office. Removal by Parliament is the other way a judge can vacate office.

Then Chief Justice of India Sanjiv Khanna had written to the president and the Prime Minister to remove Justice Varma, mired in the cash discovery row.

Justice Khanna's report was based on the findings of a three-judge in house panel

which investigated the case.

Justice Khanna had prodded Varma to resign but he had refused, sources had earlier said. A motion could be brought in either of the two Houses of Parliament. In the Rajya Sabha, at least 50 members have to sign the motion. In Lok sabha, 100 members have to support it.

According to the Judges (Inquiry) Act of 1968, once a motion to remove a judge is admitted in any of the Houses, the speaker or the chairman, as the case may be, will constitute a three-member committee to investigate the grounds on which the removal (or, in popular term, impeachment) has been sought.

A motion could be brought in either of the two Houses of Parliament. In the Rajya Sabha, at least 50 members have to sign the motion. In Lok sabha, **100** members have to support it

Justice of India (CJI) or a Supreme Court udge, the chief justice of one of the 25

high courts and a "distinguished jurist". Rijiju had last week said the present case is "slightly different" as an in-house committee formed by then CJI Khanna has

"So what is to be done in this matter, we will take a call," he said.

already submitted its report.

The minister said the process has to be followed, but how to "integrate the inquiry already conducted" needs to be decided.

The committee consists of the Chief

Parliamentary Affairs Minister Kiren

"As per the rule, a committee has to be

constituted and then the committee has to submit a report and the report will be tabled in the House and discussions will start to impeach. Here, a committee has already been constituted, not by Parliament. But it cannot be brushed aside" as it was constituted by the CJI,

Responding to questions that a committee has to be mandatorily formed under the Judges (Inquiry) Act, Rijiju said the speaker will take a decision in this regard.

He said reconciling the report of the inhouse panel and the one under law is a 'secondary matter". The primary objective is to bring the impeachment motion.

Monsoon session begins July 21 and ends August 12. A fire incident at Justice Varma's residence in the national capital in March, when he was a judge at the Delhi High Court, had led to the discovery of several burnt sacks of cash at the outhouse. Though the judge claimed ignorance

appointed committee indicted him after speaking to a number of witnesses and recording his statement. The apex court has since transferred him to his parent high court, the

about the cash, the Supreme Court-

Allahabad High Court, where he has not been assigned any judicial work.
Supreme Court judge V Ramaswami

and Calcutta HC judge Soumitra Sen had earlier faced impeachment proceedings but they resigned. Justice Varma's removal proceedings

will be taken up in the upcoming Monsoon session of Parliament. This will be the first ever impeachment proceeding to be taken up in the new Parliament building.

Congress targets PM over Manipur violence

PIONEER NEWS SERVICE ■ New Delhi

yith fresh violence rocking parts of Manipur, the Congress on Sunday targeted Prime Minister Narendra Modi for his "insensitivity" to the suffering of people in the state.

In a social media post, Congress general secretary Jairam Ramesh said the pain, distress, and agony of the people of Manipur continues unabated as five districts of Imphal West, Imphal East, Thoubal, Katching, and Bishnupur in Manipur have been rocked by violence in the last 24 hours.

A day after violent protests erupted in Manipur over the arrest of a leader of Meitei outfit Arambai Tenggol, the situation remained tense on Sunday with the administration imposing prohibitory orders and suspending internet services in five Imphal valley districts, police said. Prohibitory orders have been clamped

in Imphal West, Imphal East, Thoubal, Bishnupur and Kakching districts, while internet and mobile data services, including VSAT and VPN facilities, have been suspended in these valley areas.

Hitting out at the Government, Ramesh claimed that in February 2022 the BJP "engineered a majority for itself alone" in the Assembly elections.

"But less than fifteen months later from the night of May 3, 2023 Manipur was made to burn. Hundreds of innocent men, women, and children were killed. Thousands were displaced. Places of worship were destroyed," he said.

On June 4, 2023, the Congress leader said the Union Government set up a three-member Commission of Inquiry. That Commission has been given repeated extensions to submit its report and the latest deadline given to it is November 20,



Charred remains of a bus used for transporting central forces, which was set on fire by a mob in Imphal East district, Manipur

2025, he noted. On August 1, 2023, Ramesh said the Supreme Court observed that there had been an "absolute breakdown of constitutional machinery" in the state for the past two months.

"The Union Home Minister went through the motions of visiting Manipur while the PM maintained absolute silence refusing to say anything and meet anybody from the state.

"Demands were made by the Indian National Congress for the imposition of President's Rule to begin with. That was ignored till the INC announced that it was bringing a no-confidence motion against the CM in the Assembly session beginning February 10, 2025. The BJP read the writing on the wall, got the CM to resign on the night of February 9, 2025 and finally imposed President's Rule on February 13, 2025," he said.

"President's Rule, however, has made no

difference," Ramesh said.

He claimed the Governor himself has been forced to travel from Imphal airport to his residence by helicopter.Law and order in many parts of the state remains in a state of peril, he added.

"When will the PM find the time and inclination to visit Manipur? His drumbeaters once claimed that he had stopped the war between Ukraine and Russia for a while. That claim, like most of his boasts, proved completely bogus.

The PM has travelled to different parts of the world and visited numerous states of our country to do his trademark inaugurations. But he has never met with political leaders or civil society organisations from Manipur having outsourced the management of the state's affairs to the Union Home Minister who has failed miserably," the Congress general secretary

Canadian journalist alleges assault by pro-Khalistan activists

Canadian independent investigative journalist has alleged that he was Aphysically assaulted and threatened by a group of pro-Khalistan activists while reporting on a rally in Vancouver on Sunday. The journalist, Mocha Bezirgan, said he was targeted for his editorial independence and previous coverage of Khalistan-related protests.

The incident occurred while Bezirgan was in the city to cover a rally organised by pro-Khalistan supporters. He alleged that the attackers acted like "thugs" and

deliberately targeted him. "It just happened 2 hours ago and I am still shaking. I was surrounded by multiple Khalistanis who acted like thugs. They surrounded me, threatened me, and got physical with me, and they grabbed my

phone out of my hand," Bezirgan said, sharing the ordeal on social media.

The incident occurred while Bezirgan was in the city to cover a rally organised by pro-Khalistan supporters. He alleged that the attackers acted like "thugs" and deliberately targeted him

The journalist alleged that he was attacked by an individual who had been harassing him for a "long time online using dehumanising language".

"I have been covering Khalistan protests in Canada, UK, US, New Zealand. My only goal is to do independent journalism and record and report what's going on and

because I'm editorially independent, this frustrates some people," Bezirgan added. He further alleged that the pro-Khlistani

groups want to "influence" and "buy" him. 'These intimidation tactics won't stop me or influence my editorial independence," Bezirgan asserted, sharing a video of the alleged incident, which shows a man

confronting the journalist. "He refused to keep his distance from my face and began making threats of violence if I were to touch him. I kept walking away from him but his harassing behaviour wouldn't stop... He continued following me around, mobilising others to interfere with my job, and kept appearing behind me despite being told to stay away from me," Bezirgan explained.

He said the alleged attacker had targeted him earlier as well, and that he had filed a police report at the time. He added that he has filed another report today.

Sunday's incident comes amid a string of attacks on reporters covering the separatist movement. In October 2024, Canadian MP Chandra Arya warned Parliament of "growing violence faced by journalists who report on Khalistani extremism," citing assaults on broadcasters Rishi Nagar, Sameer Kaushal and others, and noting that Bezirgan himself had

received death threats. India has repeatedly raised concerns over Canada allegedly giving a free hand to Khalistani extremists and their

supporters. Bilateral relations between the two countries have hit a new low in recent times, largely due to Ottawa's perceived inaction on the issue and its accusations against New Delhi of targeting pro-Khalistani elements in Canada.

Active COVID-19 cases in India cross 6,000-mark

PIONEER NEWS SERVICE ■ New Delhi

ndia's active COVID-19 case tally crossed the 6,000 mark with 769 new infections being reported in the last 48 hours, according to the Union health ministry data released on Sunday.

Kerala continues to be the most affected state, followed by Gujarat, West Bengal and Delhi, according to the ministry. Due to the rising COVID-19 cases, the Centre is conducting mock drills to check facility-level preparedness and has instructed all states to ensure availability of oxygen, isolation beds, ventilators, and essential medicines, official sources had said.

There are 6,133 active Covid cases in India, and six more deaths have been

reported in the last 24 hours, the ministry said. Official sources have maintained that most cases are mild and managed under home care. Since January this year, 65 deaths have been reported in the country. There were a total of 257 active patients in the country on May 22.

A series of technical review meetings were held on June 2 and June 3 under the chairpersonship of Dr Sunita Sharma, Director General of Health Services, to evaluate the Covid situation and preparedness measures. Official sources on June 4 said State and district surveillance units under the Integrated Disease Surveillance Programme are closely monitoring Influenza-Like Illness (ILI) and Severe Acute Respiratory Illness (SARI).

Jaishankar embarks on week-long visit to Europe

PIONEER NEWS SERVICE ■ New Delhi

xternal Affairs Minister S Jaishankar on Sunday embarked on a week-long visit to Europe to hold talks with leaders of France, the European Union and Belgium to boost bilateral ties and reaffirm India's policy of zero-tolerance against terrorism.

Jaishankar's visit to Europe comes a month after India launched Operation Sindoor in response to the dastardly Pahalgam terror attack and it is expected that he will apprise the European leaders about New Delhi's firm approach in dealing with cross-border terrorism.

In the first leg of his tour, Jaishankar will visit France, a country that has emerged as an all-weather friend of New Delhi. "The external affairs minister would travel to Paris and Marseille where he would be holding bilateral discussions with his counterpart minister for Europe and Foreign Affairs Jean Noel Barrot," the Ministry of External Affairs

Jaishankar would also participate in the inaugural edition of the Mediterranean Raisina Dialogue to be held in the city of Marseille.

In Brussels, Jaishankar will hold a strategic dialogue with the EU High Representative and Vice President Kaja Kallas. "India-European Union strategic partnership has strengthened over the years across diverse sectors and got a big boost with the first-ever visit of the EU College of Commissioners to India in February this year," the MEA said.

Jaishankar will engage also with the senior leadership from the European Commission and the European Parliament, besides interacting with think tank and media.

In the third and final leg of his visit, the external affairs minister will hold wide-ranging talks with leaders of Belgium. "India and Belgium share warm and friendly relations along with a very robust economic partnership. Today, the collaboration between the two countries spans various domains like trade and investment, green energy, technology, pharmaceutical, diamond sector and strong people-to-people ties,"

Shubhanshu Shukla terms preparations for Axiom-4 mission as 'amazing journey'

PIONEER NEWS SERVICE ■ New Delhi

head of his historic journey to the International Space Station (ISS), AInternational Space Station (1867), Indian astronaut Shubhanshu Shukla has termed the preparations for the Axiom-4 mission as an "amazing journey" and that he was extremely fortunate to be part of something that is "much larger than yourself".

The 39-year-old Indian Air Force pilot is all set to travel with three other crew members to the ISS onboard SpaceX's Dragon spacecraft, mounted on a Falcon 9 rocket, that will lift off from the Kennedy Space Centre in Florida on Tuesday at 5:52 pm IST.

Shukla, who goes by the nickname "Shux", will be the second Indian to travel to space, 41 years after his idol Rakesh Sharma undertook a spaceflight in 1984 onboard erstwhile Soviet Union's Sovuz spacecraft for an eight-day stay in orbit. "It has been an amazing journey; these

are the moments that really tell you that

you are getting to be a part of something

that is much larger than yourself. I can

only say how extremely fortunate I am to be a part of this," Lucknow-born Shukla said in a short video issued by Axiom Space ahead of Tuesday's launch.

Shukla's crewmates, commander Peggy Whitson and mission specialists Tibor Kapu from Hungary and Slawosz Uznanski-Wisniewski from Poland, describe him as "operational-savvy", "focussed" and "wicked smart" when it comes to space technologies.

It has been an amazing journey; these are the moments that really tell you that you are getting to be a part of something that is much larger than yourself

- SHUBHANSHU SHUKLA, ASTRONAUT

"Shux's wisdom, the knowledge he possesses, shows he could be 130 years old," said Kapu, the second Hungarian astronaut to travel to space since 1980.

dragon capsule is great. He is already

"For me, having him as my pilot in the

operational-savvy, and he is just wicked smart when it comes to spacecraft technologies," said Whitson, a veteran US astronaut who has spent 675 days in space and undertaken 10 spacewalks.

Slawosz said Shukla is very focussed in his approach and quick to respond to sit-

"He is very focussed. He will go one, two, three, four in record time. I don't even know how he gets there so fast," the Polish astronaut said.

Shukla heaped high praise on his crewmates, describing them as a "fantastic" squad, saying they would be his "friends for life".

SpaceX's Falcon-9 rocket and the Dragon space capsule were rolled out to the launchpad 39A at the KSC in Florida on Saturday. The Axiom-4 (or Ax-4) crew checked on the spacecraft they will travel in to the ISS.

"Launch is targeted for 8:22 am ET, with a backup opportunity available on Wednesday, June 11 at 8:00 am ET," SpaceX announced in an update about the

ICG inaugurates dedicated jetty at Vizhinjam **Harbour**

PIONEER NEWS SERVICE ■ New Delhi

ndian Coast Guard (ICG) Director General (DG) Paramesh Sivamani, ▲inaugurated a new dedicated ICG jetty at Vizhinjam Harbour, Kerala on Saturdayu, defence ministry said here on Sunday. The 76.7-metre state-of-the-art berth will support faster deployment and turnaround of ICG vessels, enhancing mission readiness for coastal surveillance, search and rescue, anti-smuggling and fisheries protection.

Strategically located just 10 nautical miles from key international shipping lanes and adjacent to the Vizhinjam International Transshipment Deepwater Port, the jetty is expected to play a critical role in securing India's southwestern coastline. Sivamani highlighted the strategic importance of the new facility, calling it a major step forward in strengthening the coastal security architecture and ensuring faster response capabilities in the region.

GMCH doctor would not be suspended after all: Goa CM

PRESS TRUST OF INDIA Panaji

mid backlash from the medical fra-A ternity and opposition parties, Goa Chief Minister Pramod Sawant on Sunday said that the chief medical officer of the Government medical college and hospital, who was accused of misbehaving with patients, will not be suspended.

Earlier on Saturday, Health Minister Vishwajit Rane defended his decision to order suspension of Dr Rudresh Kuttikar, the chief medical officer of Goa Medical College and Hospital (GMCH), citing the latter's "arrogant behaviour" towards a patient.

The Goa branch of the Indian Medical Association (IMA) condemned the minister's action and urged the authorities to immediately rescind the suspension and reinstate the doctor while ensuring a

The opposition parties, including the Congress, Aam Aadmi Party and Revolutionary Goans Party, had condemned Rane's behaviour.
Government sources told PTI that the

chief minister invited Rane for a meeting on the issue in Panaji on Sunday and after the meeting, a statement was issued that the doctor would not be suspended pending a fair inquiry.

Taking to X, Chief Minister Sawant said, "I have reviewed the issue at the Goa Medical College and held discussions with the health minister. I want to assure the people of Goa that Dr Rudresh Kuttikar will not be suspended." He said the state government and its dedicated medical team remain fully committed to ensuring the highest standards of health-care for every citizen. "We also appreciate the tireless efforts and invaluable service of our doctors, who continue to save lives," Sawant added.

The health minister on Saturday said he will not apologise for standing up for a patient who was denied care.

Rane said he took the action after receiving a complaint from a senior journalist that the doctor in the casualty ward of the GMCH had mistreated his mother-in-law. The GMCH at Bambolim is a state-run



wajit Rane speaks to a doctor during a visit to Goa Medical College and

hospital with more than 1,000 beds. It provides medical services to patients from Goa as well as from nearby areas of Maharashtra and Karnataka. Dr Rudresh Kurtikar was fired in public view and later ordered to be suspended by Rane after he "lost his cool" during his surprise visit to the hospital on Saturday.

Talking to reporters on Saturday evening, Rane said, "Yes, as the health minister, I did intervene, and I accept that my tone and words could have been more measured. I am not above reflection or criticism. I take full responsibility for how I communicated, and I assure you that such an approach will not be repeated."

"However, what I will not apologise for is standing up for a patient who was denied care," the minister said. Doctors hold a noble position in society, and most of them at the GMCH serve with great dedication,

"But when arrogance seeps into duty and compassion is replaced with indifference, it is my responsibility to take action," Rane said. The minister was reacting to criticism he faced on social media and from the IMA for firing the CMO on duty.

"Over the last few hours, a lot has been said and written about an incident at the Goa Medical College today and the sus-

pension of a doctor on duty. I feel it is important to address this directly, not just as your health minister, but as someone deeply committed to ensuring that no citizen is ever denied basic medical care, especially the elderly who deserve our utmost respect and attention," he said.

Rane said he had received a message from a family member of a senior citizen, who was already in pain and advised to receive daily injections, about how she was refused the same at the medical college's casualty ward on a public holiday.

"What made the matter worse was that the casualty (ward) had minimal patient load at the time, and yet, a simple act of compassion and care was withheld. I found this deeply upsetting," he said.

Rane said that often, the outrage is highlighted on some media platforms and by the public when things go wrong at the

But when corrective action is taken, it is equally important that "we support efforts to fix the system, not tear them down," he commented. The minister said what he did was in defence of a helpless, elderly woman.

"And I will continue to speak up, act and fight for the rights of every patient who

BJP hits back as TMC leader Hakim frowns at PM over Sindoor credit

SAUGAR SENGUPTA ■ Kolkata

🕶 ar of words erupted between the Trinamool Congress and the BJP hours after Bengal minister and senior TMC leader Firhad Hakim attacked Prime Minister Narendra Modi for "claiming credit" for the success of Operation Sindoor against Pakistan.

Firhad Hakim is the same TMC leader who claimed himself to be the resident of 'mini Pakistan' and now he has the audacity of insulting Prime Minister Narendra Modi, my question is whether Chief Minister Mamata Banerjee too thinks the same way, if not whether she will take action against him," State BJP leader Sajal Ghosh said adding, "no one denies the bravery and valour of the Indian Army, but no one also denies the fact that during earlier occasions the hands of the Army was always tied up, it is Prime Minister Narendra Modi ji who

released the defense forces from those shackles." Hakim had on Saturday attacked the Prime Minister for his Kashmir speech where he warned Pakistan of consequences like the one it faced last month for its terror misadventures in India.

Hakim promptly reacting to Modi's speech wondered how the Prime Minister could take credit of the success that the Indian Army brought for India.

"It is very strange seeing Prime Minister Modi taking credit for the success of the Indian Army, it is the Indian Army that brought us victory, it is the Indian Army that taught Pakistan the lesson of its lifetime and not Mr Modi who is claiming the success, How can he take credit for Operation Sindoor?'

The BJP hit back quickly writing on a post "Firhad Hakim — Mamata's loudest mouthpiece and the same man who once called parts of Kolkata "mini Pakistan" — has now crossed every line. He downplayed Operation Sindoor, insulted PM Modi, this isn't political opposition — this is verbal treason. And Mamata Banerjee? Silent...

Hakim promptly reacting to Modi's speech wondered how the Prime Minister could take credit of the success that the **Indian Army brought for India**

State BJP president Sukanto Majumdar too attacked the Hakim saying, he "has never taken a stance against Pakistan. During the UPA time, when his boss the Chief Minister was one of its constituents no such steps were taken against Pakistan. That is why Hakim and people like him now finding the actions taken by Prime Minister Modi tough to digest."

AI to guard Aravalli forests from wildfires

PARVESH SHARMA ■ Gurugram

▼n a significant move to protect the ecologically sensitive Aravalli forests, Lthe Forest Department is now turning to artificial intelligence (AI) for fire detection and prevention. The Forest Survey of India (FSI) will deploy satellite-based remote sensing and Geographic Information System (GIS) equipment to monitor the region in real-time," officials said.

According to officials, the new AIpowered system will detect fire incidents occurring over areas as small as ten meters within the Aravalli forests. Once smoke or fire is detected, an alert — including a photo and the exact location — will be instantly sent to both the forest and fire departments, enabling a rapid response. This initiative comes in the wake of six fire incidents reported in the Aravalli range during April and

May. Several of these fires broke out near the Bandhwari landfill site, as well as in the hills of Naurangpur and Shikohpur villages in the Manesar region. Until now, the forest department relied on manual patrolling and information from local residents to track fire

However, by the time such reports reached the authorities, fires often grew uncontrollable, causing considerable damage to vegetation and endangering wildlife. The FSI, which has already implemented similar technology in Himachal Pradesh and Uttarakhand, is now expanding its monitoring to the Aravalli belt. The integration of AI is expected to significantly improve response times, reduce forest damage and help protect animal habitats. Forest officials have confirmed that staff has already been deployed for

Bangla students' leader doubled up as TMC face

SAUGAR SENGUPTA Kolkata

his is Newton's fourth law of 'political motion'... each Bangladeshi national that wants to get an Indian membership must and always be a Trinamool Congress member." That is how a professor of Jadavpur University on Sunday said requesting anonymity.

Political parties have resorted to mutual mudslinging after reports — of a Bangladeshi student leader getting enrolled as an Indian voter after turning into a member of Trinamool Congress Chhatra Parishad a students' arm of Mamata Banerjee's Trinamool Congress.

Controversies have erupted after the name of Newtan Das — an active leader of August movement in Bangladesh that culminated into the deposition of the then Prime Minister Sheikh Hasina's — bobbed up in the voters' list of Kakdwip Assembly

All with the alleged help of local TMC MLA and former State Minister Manturam Pakhira. The legislator however denied his involvement in the scandal.

All this, amid reports of a panchayat level worker Gautam Sardar, getting arrested for illegally issuing birth certificates to 3,500 Bangladeshi nationals so as to enable them obtain Indian passport. This, by using the computer and password of a local member of Pathankhali Panchayat Samiti — in Gosaba block off Sunderbans - entrusted with the village Health

Cut to Newton who has reportedly fled to Bangladesh. "I studied in India and also had my voters' ID card since 2014, I lost it in between but then local MLA Manturam Pakhira sir helped me get my name reinducted, but now controversies are being created for political reasons when there is no irregularity in my credentials," Newtan is known to have told through a video communication from an unspecified

He also said that he had gone to Bangladesh in connection to some landed properties that belonged to his ancestors. "While I was there I got held up in the political movement and could not return to India," he said failing however to indicate clearly how his 'in-action' photographs with Bangladesh flags wrapped around his person appeared in the social media.

Back at Kakdwip — which is also regarded as the gateway to Ganga Sagar -Pakhira was quick to respond dismissing reports of Das' hobnobbing with him.

R Ashoka seeks special session over Bengaluru stampede tragedy



Leader of Opposition of Karnataka Legislative Assembly

PRESS TRUST OF INDIA ■ Bengaluru

ture for three days, to discuss the June 4

stampede that killed 11 people, as he

pointed out that people are seeking

The BJP leader, who reiterating the

demand for resignation of Chief Minister

Siddaramaiah and Deputy CM DK

party legislators will contribute a month's salary to the kin of those deceased, who are in need, while urging the government eader of Opposition in Karnataka Assembly R Ashoka on Sunday to enhance the compensation to ₹1 crore if it is not bankrupt. demanded that the Government

demanded that the Government call a special session of the state legisla-

The stampede occurred on June 4 evening in front of the Chinnaswamy stadium here, where a large number of people thronged to participate in the RCB team's IPL victory celebrations. Eleven people died and 56 were injured in the incident. "People of the state are raising questions, who was at fault? So call a special session of the legislature, let there be

a discussion as to who was at fault, all the violations or flouting of laws need to be discussed, whether it was by police permission, DAPR, all of this should be discussed," Ashoka said.

Speaking to reporters here, he said, let there also be discussion regarding providing compensation and all about the three inquiries that have been ordered — magisterial enquiry (to be done by Deputy Commissioner), CID probe and one-man inquiry commission under retired High Court judge John Michael D'Cunha.

"All inquiries are being given to Cunha, he is permanent, we had sought for an inquiry headed by a sitting judge of the High Court, we will continue to demand for it. Three days special session has to be called immediately. Leader of Opposition in Council Chalavadi Narayanaswamy and I will write a letter in this regard to the Assembly Speaker, Council Chairman and Chief Minister," he added

Pointing out that the Government has announced compensation of ₹25 lakh to the kin of the deceased after criticism, Ashoka said, his party demands for compensation of ₹1 crore each, if the governent is not bankrupt.

A team of BJP leaders will visit the families of the deceased and try to console them, he added. Citing DCP Vidhana Soudha letter to the Secretary to the gov-

ernment on June 4, Ashoka hitout at the Siddaramaiah administration, and said, the Government did not consider what the police had said, and disregarded the conditions laid out by them to organise the victory celebrations The DCP's letter clearly states as the cel-

ebration event is being organised on the grand stairs of the Vidhana Soudha in a hurry", he said, it warns that lakhs of people may gather, about shortage of security staff, and that there will be problem in providing bandobast. The officer further stated that still if the event has to be held, the issuing of online or offline passes for visitors to Vidhana Soudha should be completely stopped. Also, as there are chances of the secretariat staff getting their family members for the event, an order should be issued aimed at ensuring that this doesn't happen. It also seeks a holiday to be declared for secretariat staff to ensure that they too don't come, Ashoka

"The letter also calls for installation of more CCTV cameras in the vicinity of Vidhana Soudha and nearby places in view of the large gathering expected and highlights the need for an anti-drone system," he said and alleged that Government thrown all these conditions into the "dustbin" and organised the event. Also conditions laid down by the PWD department that only 25-30 guests would be allowed on the dias was also completely violated, Ashoka said, "when the rules were flouted on the dias at Vidhana Soudha event, do you expect rules to be followed by the people at the KSCA stadium event, as you have blamed over crowing for the tragedy?"

"You people (in the Government) took the lives of innocent people, but police officers and the police commissioner were suspended," he chided.

The victory cup was won by Virat Kholi and RCB team but the CM and Deputy CM tried to gain credit from it by organising victory celebrations at haste, Ashoka alleged and said, "if there was no friction between these two power centres, such a situation and deaths wouldn't have happened. Because of friction between these wo we have seen the deaths.

"Instead of attending to the situation with deaths happening and consoling the families of the deceased, while one went to the stadium to attend the victory celebrations there and kissed the trophy won by the RCB, the other had gone to eat Dosa," he alleged indirectly referring to Deputy CM and CM. He slammed them for going on with celebrations both at Vidhana Soudha and the stadium thereafter, despite deaths due to stampede and called them "inhuman".

Shivakumar, also announced that all his Vijay Shah to share stage with MP CM after long absence

GIRISH SHARMA ■ Bhopal

adhya Pradesh Cabinet Minister Vijay Shah, who has been absent from public appearances and key official functions for an extended period, is scheduled to share the stage with Chief Minister Dr Mohan Yaday on Monday, during an event organised by the Tribal Affairs Department.

The event, scheduled in Beohari, Shahdol district, marks the death anniversary of Birsa Munda.

This public appearance comes amidst ongoing controversy surrounding Shah's controversial remarks about an Indian Army Colonel and his extended absence from key cabinet meetings.

Shah, who holds the important portfolios of Tribal Affairs, and Bhopal Gas Tragedy Relief and Rehabilitation, has been notably absent from several significant government events.

His absence from three consecutive cabinet meetings has sparked growing questions about his role and involvement in the state government.

The most recent of these absences was on June 3, 2025, when Shah missed a crucial cabinet meeting in Pachmarhi, which marked his third consecutive non-atten-

This followed his absence from the special cabinet meeting held in Indore on May 20, 2025, which commemorated the 300th birth anniversary of Queen

Ahilyabai Holkar.

At that event, Shah was notably missing from the official group photograph, which raised eyebrows among political

Sources suggest that Shah's absence from these meetings has not been accidental. Reports indicate that he was deliberately excluded from receiving the cabinet agenda before the sessions, signaling a deliberate move by the party leadership to sideline him amidst the ongoing scrutiny surrounding his controversial comments.

Since the remarks made by Shah on May 12, which referred to an Indian Army Colonel in an insensitive manner, the minister has kept a notably low profile, avoiding media interactions and maintaining minimal public engagements.

His absence from party gatherings and interactions with fellow ministers has further fueled speculation about his political isolation.

While the opposition has seized on this issue, with Congress leaders even putting up 'missing' posters and offering a reward for information on his whereabouts, the state BJP has downplayed the situation. BJP state president VD Sharma attrib-

uted Shah's absence to "personal reasons" and emphasized that the matter regarding his controversial comment is currentunder investigation, with a Supreme Court-mandated Special Investigation Team (SIT) probe in progress.

Training of village defence guards intensified

n a strategic move to enhance grassroots-level security and counter cross-Lorder threats, the Indian Army and Border Security Force (BSF) have intensified their efforts to train Village Defence Guards (VDGs) in the Jammu region.

The VDG training is part of a multipronged strategy to secure Jammu and Kashmir, especially ahead of the 2025 Amarnath Yatra starting from July 3, which is set to be the "most heavily guarded" with the deployment of 42,000 paramilitary troops.

The initiative, aimed at empowering local civilians to act as a "second line of defence," involves comprehensive arms training and weapon-handling programs across border villages, particularly in response to the prevailing security scenario in the region.

The intensified training comes in the wake of heightened tensions along the India-Pakistan border, particularly following Operation Sindoor, launched on Mav 7, 2025, in response to a terrorist attack in Pahalgam that killed 26 civilians.

In the last 10 days, around one dozen training sessions have been organised in the border areas of the Jammu region.

The training programs were organised in the border areas of Samba, Kathua, RS Pura, Arnia, Akhnoor, Sunderbani, Rajouri and a few other border tehsils, focusing on equipping VDGs with skills in weapon handling, situational awareness, and security threat response.

According to a senior BSF official, the



initiative follows the success of Operation Sindoor, which dealt a significant blow to Pakistan's terror infrastructure, prompting renewed efforts to fortify border security through community involvement.

The VDGs are already playing a crucial role in combating terrorism in the hinterlands of Jammu province. Strengthening their presence on the border will help security forces maintain more effective control over suspect activities, the official stated.

On May 29, 2025, a three-day training program commenced in Samba's border villages, including Galar, Chak Faquira,

Khanpur, and Suchetpur, led by BSF personnel. The training included live firing practice, tactical maneuvers and security response drills, designed to prepare VDGs to support regular forces in high-Similarly, on June 4, 2025, the Indian

Army conducted a training session for 100 VDGs at the Police firing range in Sunjuwan, Jammu, focusing on building operational confidence and fostering partnership between the Army and local communities.

The VDG initiative, revived in 2022 after a two-decade hiatus due to a resur-

has gained momentum in 2025. The Indian Army and Jammu and

Kashmir Police have been working in tandem to arm and train civilians in vulnerable border areas, particularly in districts like Rajouri, Poonch, and Kishtwar. After the attack on civilians in the

Dhangri area of Rajouri on January 1, 2023, the Jammu and Kashmir Police have provided semi-automatic weapons to VDGs for self-defence, while the recent involvement of the BSF has introduced training with modern weaponry to counter sophisticated threats.

Lieutenant Colonel Suneel Bartwal, a spokesperson of the Ministry of Defence in Jammu, emphasised the importance of the program: "The aim is to prepare these volunteers to act as a reliable support system for our regular forces, especially in sensitive and high-risk areas. This training not only builds operational confidence among the VDGs but also helps foster a deeper sense of partnership between the Army and local communities."

The training programs have been met with enthusiasm from local communities, who see the VDGs as vital to their safety in a region plagued by cross-border violence. Residents of border villages, often the first to face the brunt of shelling and infiltration attempts, have expressed gratitude for the Army and BSF's efforts.

However, challenges remain, including the need for sustained coordination between VDGs and security forces and ensuring the safety of civilian volunteers in high-risk operations.





A political bromance turned bitter feud

Once a formidable force reshaping US, Donald Trump and Elon Musk are now locked in a fierce war of words

n a turn of events as dramatic as their rise to influence, US President Donald Trump and billionaire entrepreneur Elon Musk have severed ties, transforming from strategic allies to fierce public adversaries. What began as a mutually beneficial relationship built on shared interests in deregulation, Government efficiency, and anti-establishment rhetoric has now devolved into a bitter feud, rife with personal attacks, policy clashes, and political threats that may shape the course of the 2026 midterm elections.

The alliance once seemed improbable — Trump, a brash political force with a loyal base, and Musk, the visionary tech magnate behind Tesla, SpaceX, and social media platform X (formerly Twitter), came from different worlds but found common ground. Trump admired Musk's entrepreneurial genius and boldness; Musk appreciated the former president's deregulatory stance and willingness to upend bureaucratic norms. The collaboration reached its peak when Musk was handed leadership of the Department of Government Efficiency, where he led aggressive cost-cutting reforms and reshaped federal spending frameworks.

Under Trump, Musk's ventures thrived with major Government contracts and minimal interference. But the fragile bond began to crack when Musk publicly denounced a major new fiscal bill championed by Trump and Republican lawmakers. Dubbed the "big beautiful bill," it promised sweeping tax cuts and spending reductions but also carried the risk of ballooning the national deficit and stripping health insurance from millions. Musk slammed it as a "disgusting abomination," warning it would increase fiscal instability. His criticism struck a nerve in the White House.

Musk escalated tensions by suggesting Trump should be impeached. Trump responded with threats, hinting at cutting Musk's federal contracts and warning of undefined "consequences" should Musk choose to support Democratic candidates in the upcoming elections. The President's warnings carried weight — Musk's companies rely heavily on federal partnerships, particularly in aerospace and defense.

For Musk, the breakup comes with significant consequences. Musk's criticism of the Trump administration could jeopardise future Government contracts and expose his businesses to political retaliation. On the other hand, his apparent openness to backing Democrats marks a significant departure from recent years, where his alignment with conservative causes and voices had grown stronger. For Trump, the loss of Musk's endorsement may alienate segments of the tech-savvy rightwingers. Yet it also gives him ammunition to portray himself as a populist leader unafraid to challenge. This breakup is more than a personal spat; it is a reflection of deeper tensions between Government power and private influence. As their relationship crumbles, the political and economic reverberations are likely to be felt far beyond Washington DC, shaping alliances, elections, and policy for years to come.



Carpenter gives final shape to the wheel for the chariot of Lord Jagannath, Balabhadra and Devi Subhadra ahead of the Rath Yatra festival, in Puri. PTI

Maithili cuisine: A one of its kind

Spread across parts of Bihar, Jharkhand, and southern Nepal, Maithili culinary tradition is not merely about food it is a living chronicle of Mithila's history, devotion, Ayurveda and deep ecological harmony

n inalienable part of the robust culinary offerings from Bihar is the Maithili or Mithila cuisine. It spans A across parts of Bihar, Jharkhand (Part of Bihar till 2000) and the Koshi, Bagmati and Madhesh provinces of Nepal. Mithila first gained prominence after being settled by Indo-Aryan people who established the Videha kingdom. During the Later Vedic period (c. 1100-500 BCE), Videha became one of the major political and cultural centres of Ancient India, along with Kuru and Panchala. The kings of the Videha Kingdom were called Janakas and the Videha Kingdom was incorporated into the Vajjika League, which had its capital in the city of Vaishali and is also in Mithila. Mithila is one of the most significant pilgrimage sites in Jainism and is associated with Mahavira, the 24th Tirthankara. Lord Buddha also visited this region and during his visit, he is recorded to have preached the Makhadeva and Brahmayu suttas, which are part of the Pali canon.

The region's legacy therefore is unparalleled, and it extends to the culinary sphere as well. In the 14th century, the Maithili book titled Varnaratnakara discussed Maithili cuisine and mentioned the importance of yoghurt (dahi), fish (machha), and various other elements. This historical reference suggests that Maithili cuisine has remained relatively unchanged for many centuries. Maithili cuisine isn't just about tradition, it also follows Ayurvedic principles and adapts to seasonal food cycles. Special dishes are prepared during Maithili festivals like Juddhashtami, Dashahara, Tila Sankranti, and the Chhath Puja.

Local produce is the fundamental and star element of the cuisine, there is also the incorporation of meticulous techniques, leading to dishes known for their simplicity as well as sophistication which resonate with the rich cultural history of the area. Did I mention the simplicity of dishes? There is also an element of grandeur that is associated with the food of this region — the 'Chhappan Bhog'! a feast in honour of people, usually, revered guests, friends, and familia. This is the light of the state of the stat ily. This has its beginnings in being offered to Lord Krishna in gratitude, a total of 56 dishes offered to him by the Brijwasis, representing eight meals for each of the seven days he shielded the people of Vrindavan from Lord Indra's wrath. Chhappan Bhog represents a harmonious blend of six tastes: bitter (karwa), spicy (teekha), astringent (kasaila), sour (khatta), salty (namkeen), and sweet (meetha). By skilfully combining these tastes in various ways, 56 distinct and delectable dishes are made and include Parwal Tarua — Parwal, also known as pointed gourd is sliced into two halves lengthwise, coated in a thick batter, and deep-fried, Kadima Tarua



- Kadima refers to the fresh leaves of the pumpkin in Maithili, after washing the fresh eaves of Kadima, it needs to be folded like a triangle, the leaves are then heated on a low flame and coated in a batter giving it a crunchy exterior and a soft interior. The list goes on to include dishes made from potato, cauliflower, sesame, flaxseeds, Colocasia leaves (Kachu ke Patte), Chana Daal (Ninwa/Ghewre

ki Sabzi), Drumsticks (Sahjan ki Sabzi), and Biriya — a special recipe from the Mithila region of Bihar made by drying chickpea greens and coating them in flour and used in a spicy potato and mustard gravy. It is known for its aroma, texture and slight bitterness, all of which are standout features of the

In Maithili society, there is a saying, "Maach, paan aa

makhaan swarme seho nahin bhatet," which translates to "Fish, betel leaves, and makhana (fox nuts) are not found even in heaven." This saying implies that these items are so highly regarded in Maithili culture that they are considered even more precious than heavenly delights. In Maithili culture, fish is typically not brought in from outside, it is sourced from es in Mithila culture which is mandatorily pre-

ANIL RAJPUT

local ponds and lakes. Even vegetables and ingredients for making pickles and papads are usually grown in the region itself, often in home gardens. The emphasis on using locally sourced ingredients adds to the uniqueness of Maithili cuisine.

The seasonal focus of the cuisine is reflected through dishes like Bagiya, which celebrates the new rice harvest. Typically enjoyed around November or December, it is made from freshly harvested rice flour stuffed with lentils or vegetables, jaggery and steamed. It is filled with sweet or savoury ingredients making it a powerhouse of flavour. Tilauri, a kind of cracker made from a batter of rice flour, sesame seeds and jaggery or salt, post this it is made in round shapes and dried in the sun — the dried Tilauri is then deep-fried in oil and eaten — this can be both sweet or savoury depending on the ingredients used. Bidhiya is made by drying green leaves like mustard greens (tori), lamb's quarters (beta), or pea leaves (mattar), these leaves are mixed with black lentil batter before being dried this dish showcases Mithila's resourcefulness in preserving seasonal produce. Kumhrauri is made by drying Ash Gourd and later used in different curries and dishes, and is made to preserve the excess production in the harvest season for other dry seasons. Taruwa dish uses different vegetables, dipped in a batter of blended soaked rice and various spices are added to the batter. It is one of the major dish-

pared for every festival and occasion.

The variety of the Maithili cuisine is augmented through its sweet dishes like Thakuwa which holds huge cultural and religious significance. It is also known as Thekuwa or Thokni and is a traditional Indo-Nepali cookie. It is an important item especially during the Chhath festival season - offered as a sacred gift to Lord Surya and Chhathi Maya on the third day of the festival. Another famous recipe is Anarsa — made from rice flour, soaked in sugar syrup, and deep-fried to perfection. The region's culinary story is incomplete without mentioning the Makhana kheer — a sweet rice pudding made with lotus seeds (makhana), milk, and dried nuts, and Kasar, a traditional dish, particularly associated with the Chhath Puja festival — it's dry and prepared with rice flour, jaggery, ghee, and sometimes fennel seeds and dry fruits.

The Maithili cuisine is without doubt a celebration on a plate, it's a burst of flavour that unmatched and unique. It is reflective of the top-class culinary prowess of the region, and an ode to an unaltered culinary journey through the ages. I firmly believe that the youth and future generation need to discover its full range of variety, nutrition and an environmentally harmonious approach only then will they understand its true value and grand stature!

> (The writer is the Secretary of the Cuisine India Society. Views expressed are personal)

Understanding Karma, and divine control through Gita

SECOND

re are aware of what autopilot is. It is a system that automatically controls a vehicle's path, allowing it to operate with minimal or no human intervention. Why am I using it for us human beings? Believed or not, our material bodies are vehicles, as described in the Bhagavad-Geeta by Lord Krishna in verse # 18.61. He states, "God, present as a part, in the vehicle (our body), resides in the hearts of all beings." Before I go any further, let me give you

the Big Picture. There is God on top, as we can imagine. Then, there is the Divine Authority, which works under the superintendence of God. They oversee the working of the material nature, which gives birth to the world along with moving and stationary things. And on account of this, the world cycle goes on. (9.10) Then, there are all living beings with souls, which are parts of God. (15.7) And, of course, there are trees, plants, etc. This entire setup is under the control of God, who is the Controller.

Now returning to the topic, how are we on autopilot? For us to understand this, we must know the **BISHNOI** 'Karmaphala Principle' and the personal nature. The first one is simple: "What you sow is what you reap." For example, one thinks of starting a business. If the thought is a serious one, he will one day get started on it. Similarly, someone is working as a menial labourer. He gets paid for it. The third

example is of words. Teachers are the best examples of it. They get salaries for the effort made. Personal nature is a little more complex matter. For this, an understanding of the three 'gunas' (modes) is important. Whatever we see is made up of the three

gunas, which are goodness, passion and darkness. These are the basic ingredients of the Creation. Surely, our natures also consist of goodness, passion and darkness in various proportions. A good person will have a higher percentage of the 'sattvaguna' (the mode of goodness) and a small per cent of the 'tamoguna' (the mode of darkness). Similarly, a bad person will have just the opposite proportions, i.e. more tamo-

guna and less sattavoguna. 'Rajoguna' (the mode of passion) constitutes the majority percentage in nature of a common man. Then, how are our natures formed? Life after life, we associate with the three gunas, and that gets embedded in our natures. And when a person dies, the impression is carried to the next body. For example, a good man associates with objects in goodness. He eats foods, which are wholesome and nutritious. He sees programmes, which have natural scenes and even spiritual content. He hears mostly what is instructive. Contrarily, people, who are greedy, lusty, angry or hateful, engage in acts related to these hellish emotions. Lord Krishna warns, "Lust, anger and

greed are the three different doors to hell, which cause ruination of the soul. Therefore, one should give up these three. (16.21) Lord Krishna is very stern about hate. The Lord states, "I send those envious, harmful, cruel and low-grade people

to the world again and again, and that too in demonic species."

Now I come to how we are on autopilot. It should be clear to us that karmaphalas generated by pious and impious acts will manifest in our present lives or future ones. There is no escape from it. Even God does not interfere in it.

What God does do in the case of a person in God's consciousness? Lord Krishna states, "Having My consciousness, you will cross all impediments by My grace." (18.58) The rest of us will have to face and tolerate the consequences. There is no escape, which is what autopilot is. We are programmed that way. The other feature of autopilot in our lives is much more serious. Our natures are continuously evolving as a result of what we do or associate with. For example, a person is naturally lusty. He will get attracted to objects of lust automatically. He can stop himself using the free will given to him, but few can do so. One needs God's help to undo what the present nature ordains. So what have we learnt? That we are on autopilot helplessly. Our karmaphalas will determine what happens to us. What we do today will largely determine what we will get in our future and subsequent lives. Our present efforts will have some effect, but not of any great significance. Are we stuck? Not really. God is the Controller. As explained earlier, God can change things. He can help tackle our bad karmaphalas, as well as help us in changing our faulty natures. You will be surprised by the outcome. We would no longer be on autopilot but in good control over our lives.

(The author is a spiritual coach. Views expressed are personal)

Letters to the Editor

Indian workers face harrassment

Labour laws are being violated in Kuwait and many other countries of the world and Indian workers are facing harassment from their employees. Many people migrate in the hope of a better life, but are asked to surrender in front of the powerful authorities there. Companies manipulate labour laws in their favour.

They file fake 'absconding' cases against those who raise their voice against violations of labour laws. They ask the employees to vacate their company flats without giving him/her his/her 'end of service' letter and passport.

The Indian Embassy must intervene and investigate the matter to safeguard the workers' rights. They must also ensure that labour laws are not violated and no person has to go to jail over false allegations. In light of growing reports of Indian workers facing exploitation and false charges abroad, particularly in Kuwait, urgent action is

Many migrate seeking dignity and opportunity but are instead subjected to abuse, illegal evictions, and denial of rightful documents. Companies misuse labour laws to silence dissent.

The Indian Embassy must step in decisively, investigate such cases, and ensure that no worker is left helpless or wrongfully criminalised in a foreign land. Justice and dignity must prevail.

JUBEL D'CRUZ | MUMBAI

Donald Trump Elon Musk part ways

Donald Trump and Elon Musk's friendship is well-known. One is a powerful politician and the other is the richest person. However, differences have started between the two. It is turning into a war of words. US President Donald Trump has announced a reduction in contracts with Tesla and SpaceX CEO Elon Musk's companies. Musk has threatened to stop the service of the "Dragon Capsule", which is used to transport astronauts and other materials to the International Space Station, on social media. After the failure of the US Government's Boeing Company's Starliner spacecraft, Indian-origin astronaut Sunita Williams was safely returned to Earth by the Dragon Capsule. Also, NASA has taken help from SpaceX in many military missions.

Elon Musk's Government Efficiency Account (DOSE) was created primarily to reduce Government spending. Musk believes that Trump's policy undermines the original purpose of this account. He described Trump's bill as "disgusting." Trump initially took a tough stance on imposing import tariffs on China. Musk's Tesla company was to directly benefit from it. Because Chinese electric cars have eroded Tesla's position in other major markets. After all, Elon Musk helped Trump in the election with a business perspective or goal in mind. But Trump's new bill will be a problem for Musk's Tesla company.

DATTAPRASAD SHIRODKAR | MUMBAI

Water ATM's in Delhi

The report "Government to install water ATMs across schools and public spaces" (June 7) reveals the Delhi Government's keen interest in safeguarding the interest of the students and increasing the facilities in the schools. The proposal to provide pure cold water along with language laboratories and digital libraries is indeed a welcome step. It will be a great encouragement for the children who struggle a lot in reaching the school, carrying a heavy load of books, study materials and water-bottles. Free Laptops to meritorious students will definitely motivate the students to fare better in studies.

Since most schools have no adequate space and facility for boarding and deboarding of students and are located on the edge of the main roads, it often creates problems and chaos, apart from persistent traffic — snarls and even accidents in the vicinity. Though it is mandatory for the management of every school to arrange necessary space and convenience in the compound itself, this rule is not adhered to rigidly. Moreover, the to and fro travel of students between schools and homes, mostly in hired vehicles, packed like sardines, in highly precarious condition, often causes mishaps. Hence remedial steps have to be taken on priority basis to ensure adequate space and convenience within the school precincts.

TT SAKARIA | DELHI

INCREASING WORKING HOURS IS COUNTER-PRODUCTIVE

he news that the Andhra Pradesh Government increasing the daily working hours to 10 hours (7-6-25) shocks one and all. The ruling dispensation takes pride in implementing drastic changes in the name of Reforms, however anti people they are. Even the previous tenures of the present Chief Minister are marked by pro management and anti workers decisions. Now increasing the cap on daily working hours to 10 hours, increasing the over time in a quarter from 75 to 144 hours and allowing women to take up night shifts are being justified by the concerned minister as acts to allure investors and empower women by enabling them to earn more. Both the claims are absurd.

No doubt, labour is the most flexible and vulnerable component that could be exploited more easily to maximise profit. But experts say any amount of work done for more than 8 hours a day will have

besides its serious negative impacts on physical and mental health and social behavior. Investors have never claimed working hours as a disturbing factor for not investing in the State. The minister says ensuring safety in the workplace as a condition to allow women in the night shift. It may remain only in the statutory books as the Government that allures the investors cannot be expected to be strict in enforcing rules. The Government's apathy towards the

diminishing marginal productivity,

wealth creating toiling section could be easily understood from the fact that even the Wage Board is not formed and the Minimum wage of the scheduled employees are not upwardly revised since more than a decade. It would be a wise act on the part of the Government to consult the workers' Unions before taking up such measures which are likely to have far reaching impact on workers. AG RAJMOHAN JANANTPUR

Please send your letter to the letterstopioneer@gmail.com. In not more than 400 words.

How climate change is pushing agriculture to the brink

The rainfall has grown erratic, endangering the livelihoods of millions. From delayed rains and failed crops to groundwater depletion and glacial melt, a cascading crisis is unfolding — one that not only threatens food securitybut also fuels rural distress, mass migration and growing unrest



griculture in India remains deeply intertwined with the monsoon, which accounts for nearly 70 per cent of the country's annual rainfall and supports over half of its cultivated land. However, rising global temperatures have made the monsoon increasingly unpredictable. Early or delayed onsets are now common, while rainfall patterns have grown more volatile, with some regions experiencing intense downpours while others endure prolonged dry spells.

In states such as Maharashtra, Madhya Pradesh, and eastern Uttar Pradesh — where agriculture heavily depends on the monsoon rains — farmers are struggling to cope with these shifting climatic patterns. Smallholder farmers, who typically cultivate less than two hectares and constitute the majority of the agricultural workforce, often lack access to adequate irrigation, storage facilities, and financial support. Consequently, even slight disruptions in rainfall timing or unexpected droughts during critical crop phases can lead to significant yield losses, pushing already vulnerable households deeper into debt.

With monsoon rains becoming less reliable, farmers are increasingly turning to groundwater to keep their crops alive. Borewells and tube wells have become essential lifelines during prolonged dry spells. However, this fallback is fast becoming a crisis of its own. Unregulated and widespread extraction of groundwater is rapidly depleting aquifers, especially in regions already under significant water stress. According to the Central Ground Water Board (CGWB), over 1,000 of the 6,607 assessed groundwater blocks across the country have been classified as "overexploited." The situation is particularly severe in the northwestern, western, and southern peninsular regions of the coun-

try. In states like Punjab, Haryana, and Uttar Pradesh, decades of intensive agriculture - especially the cultivation of water-intensive crops such as wheat and paddy have severely strained groundwater reserves. According to CGWB 2023 data, 87 per cent of Punjab's 153 assessed blocks are classified as overexploited, critical, or semi-critical, leaving only 13 per cent in the 'safe category. Haryana fares no

better, with more than 75.5

per cent of its groundwater blocks deemed unsafe for continued extraction. This unsustainable pattern of groundwater use is driven by a mix of poorly designed policy incentives, unreliable surface water availability, and weak regulatory oversight. Subsidies for electricity used in groundwater pumping and procurement policies that favour water-guzzling crops have inadvertently encouraged overuse.

The growing water crisis in India is made even



worse by changes taking place at higher altitudes, particularly in the Hindu Kush Himalaya region. The region has seen average temperatures rise by +0.28°C per decade since 1951, with some river basins warming at an even faster rate. As a result, glacial melt has accelerated significantly. Scientific assessments indicate that the rate of glacier mass loss has increased by 65 per cent in the past decade, with average losses rising from -0.17 metres of water equivalent per year between 2000 and 2009 to

0.28 metres per year between

2010 and 2019.

The rapid retreat of glaciers poses serious risks to downstream water availability, especially for key glacier-fed rivers such as the Ganges, Brahmaputra, and Indus. These rivers are vital lifelines, supporting millions across northern India by providing water for irrigation, drinking, and hydroelectric power. Historically, meltwater from these glaciers played a crucial role in sustaining river flows

and replenishing groundwater supplies. However, the accelerated glacial melt and resulting drop in river discharge, especially during dry seasons, are slowing groundwater recharge. This poses a severe challenge to farmers who depend heavily on both groundwater and river water to sustain their crops. Reduced river flows are also undermining canal irrigation systems and hydropower generation, both of which are essential for India's agricultural productivity and enerTHE INCREASING SOIL SALINITY IS DRIVING DOWN AGRICULTURAL PRODUCTIVITY AND ESCALATING RECLAMATION COSTS — OFTEN TOO EXPENSIVE FOR SMALL AND MARGINAL FARMERS. MANY ARE FORCED TO ABANDON FARMING OR

SHIFT TO ALTERNATIVE LIVELIHOODS LIKE SHRIMP AQUACULTURE, WHICH CAN FURTHER EXACERBATE SALINITY **PROBLEMS**

As both surface and groundwater sources come under increasing stress, the consequences are becoming visible in the form of rising soil salinity — especially in heavily irrigated regions. This problem is particularly acute in coastal areas such as the Sundarbans in West Bengal and parts of Andhra Pradesh and Tamil Nadu, where rising sea levels have led to saltwater intrusion into freshwater aquifers and paddy fields. In the Sundarbans alone, nearly 30 per cent of arable land is affected by salinity. Across the country, approximately 6.74 million hectares of land are classified as salt-affected, and this area is expanding by nearly 10 per cent annually. Experts warn that if this trend continues unchecked, nearly half of India's cultivable land could be compromised by 2050.

The increasing soil salinity is driving down agricultural productivity and escalating reclamation costs — often too expensive for small and marginal farmers. Many are forced to abandon farming or shift to alternative livelihoods like shrimp aquaculture, which can further exacerbate salinity problems. With more than half of India's workforce dependent on agriculture, the loss of fertile land presents a dire threat not only to rural livelihoods but also to the country's overall food security. According to the Desertification and Land Degradation Atlas of India, over 30 per cent of the country's total geographical area is undergoing desertification/ degradation, much of it driven by water and wind erosion, and loss of soil fertility. States like Rajasthan, Maharashtra, Gujarat, Jammu & Kashmir, Karnataka, Jharkhand, Odisha, Madhya Pradesh and Telangana are among the worst affected. Experts warn that rising temperatures are compounding the crisis by depleting soil moisture and

increasing water stress during critical crop stages such as flowering and grain filling. The Indo-Gangetic plains, India's wheat basket, are already experiencing significant yield declines of 1 per cent to 8 per cent (depending on the region) due to these climate pressures. However, when indirect impacts - particularly reduced water availability and declining irrigation levels - are taken into account, wheat yields are plummeting even more sharply, with losses ranging from 4 per cent to as much as 36 per cent.

Climate change is also intensifying the threat of agricultural pests and diseases by creating favourable conditions for their proliferation. Rising temperatures, altered rainfall patterns, and changing humidity levels have expanded the range and severity of pest outbreaks. For instance, the locust swarms that ravaged crops across Rajasthan, Gujarat, Madhya Pradesh, and parts of Uttar Pradesh and Maharashtra in 2020 were artly triggered by unusually wet weather conditions in the Arabian Peninsula, linked to climate variability. These swarms ravaged nearly 48,669 square kilometres of cropland, with Maharashtra being the hardest hit, losing over 10 per cent of its farmland. Similarly, the incidence of pests such as the fall armyworm, whiteflies, and mealybugs has increased significantly. Climate change is also altering the life cycles of pests and their natural predators, reducing the effectiveness of traditional pest control methods. This has forced farmers to increase pesticide usage, leading to igher production costs, health hazards, and environmental degradation.

These interconnected challenges are deepening agricultural distress, severely impacting farmers' livelihoods and mental health. Financial pressures and uncertainty have contributed to a tragic rise in farmer suicides. In 2022 alone, more than 11,000 suicides were reported, with Maharashtra, Madhya Pradesh, Telangana, and Karnataka bearing the greatest burden. As farming becomes increasingly unsustainable, many young people are abandoning agriculture in pursuit of more secure livelihoods, driving a surge rural-to-urban migration. This demographic shift is putting enormous strain on urban infrastructure, public services, and labour markets. In already overstretched cities, even minor disruptions can trigger social unrest, presenting significant challenges for local governance and law enforcement. Economic desperation in rural India has also been linked to rising rotests and growing susceptibility to radical ideologies. Groups like the Naxalites in central and eastern India have historically exploited economic marginalisation and agrarian grievances to fuel anti-state sentiment and recruit disaffected populations.

If climate — induced despair continues unchecked, it risks deepening disillusionment and weakening the bond between vulnerable communities and the state posing a serious threat to internal stability and national cohesion.

> (The writers are former PCCFs, UP and Maharashtra, Views are personal)

From sidelines to centre stage: Women athletes redefine the future of sports

the next Summer Olympics in Los Angeles, in 2028, will have many firsts! The number of women athletes exceeds their male counterparts. There will be a full gender parity in all team events, while the number of women's football teams surpasses men's. There is another first! Kirsty Coventry, a Zimbabwean athlete, elected this year, takes up the mantle of the International Olympic Committee (IOC), becoming the first-ever woman to lead the Olympics in its 131-year history. In the Olympics, in terms of the number, women athletes scaled new heights from 2.2 per cent representation in 1900 in Paris to achieving gender parity in Paris again in 2024, a quarter and a century later. But, the journey remained fraught with multiple challenges. Lack of financial resources impacted the quality of training, facilities, and overall support available to female athletes (Blinde et al., 1993), and hampered the growth and sustainability of women's sports leagues and teams (Sartore & Cunningham, 2014). Potential brands often undervalued women's sports, considering it to be an arena of 'unproven returns'. There was, however, a significant shift in recent times when angel investors and venture capitalists came forward to explore the over-looked market and made use of the best available data,

and content on digital/ social media. The emergence of Angel City FC in 2020 in the US National Women's Soccer League (NWSL), set a new precedent, when its allfemale founding team 'inverted the accepted business model of sports franchise, moved their brand beyond the local base, to digital brand building. Within the first three years, it could raise a market valuation of \$250 million in 2024. Such experimental ventures remain not confined to Europe and the USA, but, in areas like the Middle East, where governments are increasingly directing resources towards grassroots initiatives designed to foster greater girls' participation in sports.

In India, around 1200 companies invested a combined ₹526.14 crore in 2022-23 on CSR investments, nearly double compared to the previous financial year (₹291.75 crore), for promoting sports, including women's. However, many sports analysts believe that 'not many companies consider women's sports while choosing their CSR goals' (Goodera). Nevertheless, a 2024 survey (Service Monkey & Parity), found that 'women athletes are trusted influencers', the majority of sports fans (88 per cent) regard them as 'impactful role models' and almost 73 per cent said that they watch women's sports at least a few times a year, which is 81 per cent in case of men's sports, and an overwhelming majority think (92 per cent) that it is 'important' for girls to play while growing up. A 2023 report (Deloitte) highlighted that 85 per cent of women who played sports as children, and are now Fortune 500 CEOs, believed that the 'top skills they developed by playing sports



helped them to succeed in their professional careers'. In 2024, global revenues for women's sports moved up \$1.3 billion, with an impressive 300 per cent growth in just three years (Deloitte). Moreover, sponsorship deals for women's sports have also seen 20 per cent year-over-year increase since 2020 (Sports United). 'In recent years, attendance, viewership and social engagement for women's sports have spiked, leading to long-overdue financial backing through investments and sponsor-

ships...' said, the CEO and founder of SponsorUnited. Across all countries, 32 per cent of fans of women's sports say they are more likely to purchase products when a brand supports women's sports. While in 2022, there was a 30 per cent surge in the number of advertisements featuring women sports celebrities in India (TAM AdEx). The owner of the UP Warriors in the Women's Premier League (WPL) and the head of Capri Sports, were categorical that 'perception about women athletes as brand endorsers has transformed significantly because of changing consumer mindsets, and growing data-backed

proof'. Now, this momentum requires a strategic roadmap that balances innovation with a focus on core business fundamentals for sustained growth and commercial success as well. Industries must move from a short-term return on investment (ROI) to a venture capital mindset driven by values, long-term vision, and a commitment to societal impact for the long-term health of women's sports.

ARCHANA

Undeniably, digital space could boost the visibility of women in sports to about 18.5 per cent in 2022, marking a 2.53 per cent average annual increase. But, women sportspersons face a 'different scrutiny on digital space as audiences expectations are still deeply embedded in societal norms' and brand marketing strategies continue to focus more on 'traditional femininity'. A social media analysis during the 2018 Commonwealth Games, found that words like 'strong' and 'talented' were frequently used in the case of male athletes, while women athletes were

analysis of the online sports stories and images posted during the Rio Olympic Games found that men athletes were portrayed in 'active or competitive roles, while women athletes were frequently depicted in 'passive or aesthetically appealing ways' Women athletes' Instagram posts on non-sportrelated images receive significantly higher engagement. As a result, many high-profile women athletes adopt branding strategies that promote polished, heteronormative femininity, avoiding controversial political stances and thus limiting their abilities to challenge gendered perceptions in sports', argued a study on feminist neo-liberal marketing strategies. Women sportspersons also continue to face 'widespread, overlapping and grave forms of violence at all levels' (UN). Nearly 21 per cent of professional women athletes experienced sexual abuse as a child in sports, almost double the rate of male athletes (11 per cent). A 2021 study (World Athletics) found that 85 per cent of online abuse in the lead-up to and during the Tokyo Olympics was directed at women. But, sports bodies tend to focus more on curbing doping and match-fixing as sports integrity measures. In India, the prolonged protests by Olympic medal-winning women wrestlers xposed the ineptitude of such bodies.

In 2023, the UN Women and UNESCO outlined a 10-point 'Call to Action' for gender equality in and through sports, addressing issues like fair pay, media representation, and safeguarding standards. Countries must adopt it, and standardise procedures to strengthen the grievance redressal mechanisms of sports bodies with a strong legal framework, ensure survivor support and accountability, and also take technology companies and social media platforms on board to tackle online abuses. Governments, Corporations and media houses should all come together to create a level playing field with resources, exposure and voice to herald an era of equitable, safe and inclusive sports.

(The writer is former Director-General of Doordarshan and AIR. She is also the former Press Secretary to the President. Views expressed are personal)

From discipline to display: The silent erosion of traditional Yoga

SHARMILA

rowing up, I always learnt and practised yoga in a quiet, disciplined, and almost sacred way. In India, yoga was never just an exercise; it was a deeply spiritual and scientific system, honed over thousands of years to align the body, mind, and spirit. Whether it was traditional forms like Hatha Yoga and Ashtanga Yoga, or guru-shishya lineages such as Sivananda Yoga, Iyengar Yoga, or Satyananda Yoga, the core practices remained largely consistent, with only minor variations, and were intentionally grounded in both physical discipline and profound philosophical wisdom.

Hatha Yoga, which I practice at Sivananda School of Yoga practice, for instance, is not merely about bending the body into various shapes. It is about balancing the masculine and feminine energies within oneself ('Ha' in 'Hatha' means Sun and 'tha' means Moon). The slow, purposeful asanas are designed to prepare the body for deeper spiritual practices like meditation and so on. Ashtanga Yoga, demands discipline and synchronisation of breath with a progressive series of postures, promoting physical endurance and men-

Ivengar Yoga, developed by BKS Iyengar, emphasises precision and alignment. Props like belts and blocks are used not as gimmicks but as intelligent aids to help practitioners achieve the correct posture safely. Satyananda Yoga, from the Bihar School of Yoga, also a disciple of Swami Sivananda, offers a holistic system combining asanas, pranayama (breath control), and meditation, deeply grounded in ancient scriptures yet highly accessible to modern practitioners. These traditional forms of yoga were complete systems — designed not

just to build strong bodies but to cultivate resilience, compassion, inner peace, and eventually, spiritual awakening. But today, the variations presented, especially to attract younger audiences are at times of concern. In the quest to make yoga more "appealing," a whole new breed of hybrid practices have emerged at times sans focus on posture or mind breath and

body coordination. While innovation can often bring new energy to old traditions, in the case of yoga, I worry that something fundamental is being lost. Power Yoga, for example, was developed to suit the Western craving for calorie — burning workouts. It emphasises speed, strength, and sweat — but often sacrifices breath awareness, alignment, and the contemplative aspects that are central to yoga. Aerial Yoga uses silk hammocks to suspend practitione per cent in midair. While it might look beautiful on social media, it introduces new risks to the musculoskeletal system, especially if taught without a proper understanding of traditional postures and body mechanics. HIIT Yoga and CrossFit Yoga attempt to fuse high-intensity interval training and weightlifting

principles with yogic postures. The fact is that yoga was never intended to be a high-stress activity on the body. Then there's Paddleboard Yoga and Spin and Yoga, both interesting combinations, but ones that often seem to dilute the inward focus that traditional yoga demands. Balancing on a paddleboard or spinning on a cycle while trying to breathe deeply and remain mindful often becomes more of a challenge to one's physical endurance rather than an invitation to stillness and self-inquiry.

What concerns me is not merely the creation of these hybrids, but the way they are marketed: Yoga is increasingly sold as a product — a lifestyle choice that promises flat abs, glowing skin, and mental sharpness in 30 days or less. The ancient aim of yoga - union with the higher self — is often barely mentioned. The sacredness of the practice, its depth, and its inherent science seem at risk of being trivialised into a trendy hashtag or a flashy gym

class. Experimenting with traditional practices without a deep understanding of their purpose and structure can be risky. Traditional yoga

evolved slowly, through painstaking observation of the human body and mind. Every asana was designed with attention to anatomical, energetic, and psychological effects.

Disrupting this carefully developed sequence - speeding it up, loading it with weights, suspending it mid-air can lead to injuries ranging from minor sprains to serious spinal issues. Traditional yoga balances the nervous system, calming the fight-or-flight response and cultivating parasympathetic dominance (rest and digest mode).

High-intensity fusions may instead overstimulate the nervous system, leaving practitioners wired and anxious rather than grounded and serene. Having said that, I believe there is always room for creativity. Yoga should be alive, growing, and meeting the needs of new generations. But this growth must be rooted in respect for the science behind traditional systems. Without that grounding, we risk turning yoga into just another fitness fad — here today, gone tomorrow — when in fact it is one of humanity's most precious treasures for holistic health and self-realisation. As someone who has felt the profound benefits of traditional yoga, I urge others — especially younger audiences drawn to "new-age" yoga, to explore the traditional systems first. Understand the depth before seeking novelty. Build a strong foundation before experimenting. After all, yoga isn't just something we do, it's something we become, and it's a way of life. And that transformation is far too sacred to be rushed, repackaged,

(The writer is a certified Sivananda Yoga teacher. Views expressed are personal



WORLD 08

Trump deploys California National Guard to quell protests

resident Donald Trump is deploying 2,000 California National Guard troops to Los Angeles over the objections of Governor Gavin Newsom after a second day of clashes between hundreds of protesters and federal immigration authorities in riot gear.

Confrontations broke out on Saturday near a Home Depot in the heavily Latino city of Paramount, south of Los Angeles, where federal agents were staging at a Department of Homeland Security office nearby. Agents unleashed tear gas, flashbang explosives and pepper balls, and protesters hurled rocks and cement at Border Patrol vehicles. Smoke wafted from small piles of burning refuse in the streets.

Tensions were high after a series of sweeps by immigration authorities the previous day, including in LA's fashion district and at a Home Depot, as the week-long tally of immigrant arrests in the city climbed past 100. A prominent union leader was arrested while protesting and accused of impeding law enforcement.

The White House announced that

the lawlessness that has been allowed to fester". It wasn't clear when the troops

Newsom, a Democrat, said in a post on the social platform X that it was "purposefully inflammatory and will only escalate tensions". He later said the federal government wants a spectacle and urged people not to give them one by becoming violent.

In a signal of the administration's aggressive approach, Defence Secretary Pete Hegseth threatened to deploy the US military. "If violence continues, active-duty Marines at Camp Pendleton will also be mobilised - they are on high alert," Hegseth said on X.

Trump's order came after clashes in Paramount and neighbouring Compton, where a car was set on fire. Protests continued into the evening in Paramount, with several hundred demonstrators gathered near a doughnut shop, and authorities holding up barbed wire to keep the crowd back. Crowds also gathered again outside federal buildings in downtown Los Angeles, including a detention centre, where local police declared an unlawful



assembly and began to arrest people.

Earlier in Paramount, immigration officers faced off with demonstrators at the entrance to a business park, across from the back of a Home Depot. They set off fireworks and pulled shopping carts into the street, broke up cinder blocks and pelt-

ed a procession of Border Patrol vans as they departed and careened down a boulevard. US Attorney Bill Essayli said federal agents made more arrests of people with deportation orders on Saturday, but none

The Department of Homeland Security

has a building next door and agents were staging there as they prepared to carry out operations, he said on Fox11 Los Angeles. He didn't say how many people were arrested Saturday or where.

Paramount Mayor Peggy Lemons told multiple news outlets that community members showed up in response because people are fearful about activity by immigration agents. "When you handle things the way that this appears to be handled, it's not a surprise that chaos would follow,"

Some demonstrators jeered at officers while recording the events on smartphones. "ICE out of Paramount. We see you for what you are," a woman said through a megaphone. "You are not wel-

More than a dozen people were arrested and accused of impeding immigration agents, Essayli posted on X, including the names and mug shots of some of those arrested. He didn't say where they were protesting. Trump federalised part of California's National Guard under what is known as Title 10 authority, which places him, not the governor, atop the chain of

command, according to Newsom's office White House press secretary Karoline Leavitt said in a statement that the work the immigration authorities were doing when met with protests is "essential to halting and reversing the invasion of illegal criminals into the United States. In the wake of this violence, California's feckless Democrat leaders have completely abdicated their responsibility to protect their citizens". The president's move came shortly after he issued a threat on his social media network saying that if Newsom and Los Angeles Mayor Karen Bass did not "do their jobs" then "the Federal Government will step in and solve the problem, RIOTS and LOOTERS, the way it should be

Trump signed the order shortly before he went to attend a UFC fight in New Jersey, where he sat ringside with boxer Mike Tyson. Newsom said in his statement that local authorities "are able to access law enforcement assistance at a moment's notice", and "there is currently no unmet need". The California Highway Patrol said Newsom directed it to deploy additional officers to "maintain public safety".

FBI Director warns protesters against hitting cops

PRESS TRUST OF INDIA ■ New York

BI Director Kash Patel has warned protesters facing off with US immigration authorities in Los Angeles that anyone who hits a policeman will be "going to jail."

Immigration authorities and demonstrators have clashed for two days in the Los Angeles area, with unrest beginning Friday after dozens of people were detained by federal immigration agents across different locations. The arrests come amid the Trump administration's crackdown on immigration, which has involved waves of raids and deportations across the country

The Department of Homeland Security said in a statement that "1,000 rioters surrounded a federal law enforcement building and assaulted Immigration and Customs Enforcement (ICE) agents, slashed tyres, and defaced

"Hit a cop, you're going to jail... doesn't matter where you came from, how you got here, or what movement speaks to you. If the local police force won't back our men and women on the thin blue line, we @FBI will," Patel posted on X on Saturday night.

Patel's remarks, however, prompted some social media users to point out the different stance taken by the Trump administration on the January 6 rioters - hundreds of whom were pardoned

by President Donald Trump. "Unless you're doing it for (Donald) Trump," one user responded to Patel's comment, with another adding, "Unless you are trying to overturn an election."

During the violent insurrection at the US Capitol in 2021, more than 140 police officers were injured.

Meanwhile, President Donald Trump signed a Presidential Memorandum deploying 2,000 National Guardsmen to Paramount, a city in Los Angeles County, after the protests on Friday.

Trump criticised the city's Democratic Governor Gavin Newsom and Mayor Karen Bass in a post on his Truth Social platform, calling them "incompetent". He also said protesters would no longer be allowed to wear masks. Officials from the Trump administration described protesters as "lawless rioters."

US Secretary of Homeland Security Kristi Noem said protesters would not slow ICE agents down and cautioned rioters. "If you lay a hand on a law enforcement officer, you will be prosecuted to the fullest extent of the law," Noem wrote in an X post.

FBI Deputy Director Dan Bongino said the agency is seeking information regarding the identity of those throwing rocks at vehicles conducting critical law enforcement operations.

New disputes ahead of US-China trade talks

S-China trade talks in London this week are expected to take up a series of fresh disputes that have buffeted relations, threatening a fragile truce over tariffs.

Both sides agreed in Geneva last month to a 90-day suspension of most of the 100per cent-plus tariffs they had imposed on each other in an escalating trade war that had sparked fears of recession.

Since then, the US and China have exchanged angry words over advanced semiconductors that power artificial intelligence, "rare earths" that are vital to carmakers and other industries, and visas for Chinese students at American universities.

President Donald Trump spoke at length with Chinese leader Xi Jinping by phone last Thursday in an attempt to put relations back on track. Trump announced on social media the next day that trade talks would be held on Monday in London. The latest frictions began just a day after

the May 12 announcement of the Geneva agreement to "pause" tariffs for 90 days.

The US Commerce Department issued guidance saying the use of Ascend AI chips from Huawei, a leading Chinese tech company, could violate US export controls. That's because the chips were likely developed with American technology despite restrictions on its export to China, the guidance said.



Pictured before the previous round of talks are (from left) US trade representative Jamieson Greer, US Treasury Secretary Scott Bessent, China's Vice-Premier He Lifeng and Chinese international trade representative Li Chenggang, in Geneva on May 10.

The Chinese government wasn't pleased. One of its biggest beefs in recent years has been over US moves to limit the access of Chinese companies to technology, and in particular to equipment and processes needed to produce the most advanced semiconductors.

"The Chinese side urges the US side to immediately correct its erroneous practices," a Commerce Ministry spokesperson

US Commerce Secretary Howard Lutnick wasn't in Geneva but will join the talks in London. Analysts say that suggests at least a willingness on the US side to hear out China's concerns on export controls.

One area where China holds the upper hand is in the mining and processing of rare earths. They are crucial for not only autos but also a range of other products from robots to military equipment.

The Chinese government started requiring producers to obtain a license to export seven rare earth elements in April. Resulting shortages sent automakers worldwide into a tizzy.

Russia accuses Ukraine of delaying exchange of dead

ASSOCIATED PRESS ■ Moscow

ussian officials said on Sunday that Moscow is still awaiting official Moscow is sum arrange a planned exchange of 6,000 bodies of soldiers killed in action will take place, reiterating allegations that Ukraine had postponed the swap.

Russian state media quoted Lt. Gen. Alexander Zorin, a representative of the Russian negotiating group, as saying that Russia delivered the first batch of 1,212 bodies of Ukrainian Armed Forces soldiers to the exchange site at the border and is waiting for confirmation from the Ukrainian side, but that there are "signals" that the process of transferring the bodies will be postponed until next week. Russia and Ukraine each accused the other on Saturday of endangering plans to swap 6,000 bodies of soldiers killed in action, which was agreed upon during direct talks in Istanbul on Monday that otherwise made no progress toward ending the war.

Vladimir Medinsky, a Putin aide who led the Russian delegation, said that Kyiv called a last-minute halt to an imminent swap. In a Telegram post on Saturday, Medinsky said that refrigerated trucks carrying more than 1,200 bodies of Ukrainian troops from Russia had already reached the agreed exchange site at the border when the news came.

In response, Ukraine said Russia was

playing "dirty games" and manipulating facts. According to the main Ukrainian authority dealing with such swaps, no date had been set for repatriating the bodies. In a statement on Saturday, the agency also accused Russia of submitting lists of prisoners of war for repatriation that didn't correspond to agreements reached on

It wasn't immediately possible to reconcile the conflicting claims.

In other developments, one person was killed and another seriously wounded in Russian aerial strikes on the eastern Ukrainian Kharkiv region.

These strikes came after Russian attacks targeted the regional capital, also called Kharkiv, on Saturday. Regional police in Kharkiv said on Sunday that the death toll from Saturday's attacks had increased to six people. More than two dozen others were wounded. Russia fired a total of 49 exploding drones and decoys and three missiles overnight, Ukraine's air force said Sunday. Forty drones were shot down or electronically jammed. Meanwhile, Russia's defence ministry

said that its forces shot down 61 Ukrainian drones overnight, including near the capital.

Indian-Americans win runoff races in Texas' city councils

PRESS TRUST OF INDIA ■ Houston

have won their respective city coun- scored a landslide in San Lexas.

Sanjay Singhal, a retired energy executive and IIT Delhi graduate, secured a decisive victory over fellow Indian-American Nasir Hussain in Sugar Land's District 2. According to unofficial results from Fort Bend County, Singhal received 2,346 votes against Hussain's 777.

Sukh Kaur, a Sikh-American and education reformer, scored a landslide victory in San Antonio to retain her District 1 council seat. Kaur, a nonprofit leader who lives in San Antonio with her husband and two children, defeated challenger Patty Gibbons with 65 per cent of the votes. "This victory belongs to the residents of District 2," Singhal told supporters.

"I am deeply grateful for the community's support and ready to serve with transparency and dedication," said Singhal, who campaigned on transparent governance, infrastructure improvements, and community engagement.

Kaur, the first Sikh woman elected to the San Antonio City Council, focused her campaign on affordable housing, public transit expansion, and inclusive urban development. "I think we really talked to the community and shared that we want

Sukh Kaur, a Sikh-American wo Indian-American candidates and education reformer. **Antonio to retain her District 1** council seat. Kaur is a nonprofit leader

to work," Kaur told the media after the

"And one of the things that we said is District 1 is about preserving our history while still moving our district forward," she said. Both candidates are expected to solidify Indian-American representation in Texas's civic leadership.

In a closely watched mayoral contest in Sugar Land, a Houston suburb with a large Indian-origin population, Carol McCutcheon defeated William Ferguson to become the city's new mayor. She will succeed Joe Zimmerman. McCutcheon secured 6,103 votes, while Ferguson received 5,402, according to unofficial tallies. McCutcheon, a retired reservoir engineer with decades of public service experience, said she entered the race to help guide Sugar Land's growth with "strategic vision".

Her priorities include improving crime response, supporting law enforcement, and ensuring quality of life for residents.

Italians vote on citizenship, job protections amid low awareness, turnout concerns

ASSOCIATED PRESS ■ Rome

Ttalians vote over two days starting Sunday on referendums that would ■ make it easier for children born in Italy to foreigners to obtain citizenship, and on providing more job protections. But apparent low public awareness risks rendering the vote invalid if turnout is not high enough. Campaigners for the change in the citizenship law say it will help second-generation Italians born in the country to non-European Union parents better integrate into a culture they already see as theirs. Italian singer Ghali, who was born in Milan to Tunisian parents, urged people to vote in an online post, noting that the referendum risks failure if at least 50per cent plus one of eligible voters don't turn out.

"I was born here, I always lived here, but I only received citizenship at the age of 18, Ghali said, urging a yes vote to reduce the residency requirement from 10 to five years. The new rules, if passed, could affect about 2.5 million foreign nationals who still struggle to be recognised as citizens.

The measures were proposed by Italy's main union and left-wing opposition parties. Premier Giorgia Meloni has said she would show up at the polls but not cast a ballot — an action widely criticised by the left as antidemocratic, since it will not help



Banners in favour of five abrogative popular referendums on employment and Italian citizenship

reach the necessary threshold to make the vote valid. "While some members of her ruling coalition have openly called for abstention, Meloni has opted for a more subtle approach," said analyst Wolfango Piccoli of the Teneo consultancy based in London. "It's yet another example of her trademark fencesitting.' Supporters say this reform would bring Italy's citizenship law in line with many other European countries, promoting greater social integration for long-term residents. It would also allow faster access to civil and political rights, such as the right to vote, eligibility for public employment and freedom of movement within the EU. 'The real drama is that neither people

who will vote yes' nor those who intend to vote no' or abstain have an idea of what (an) ordeal children born from foreigners have to face in this country to obtain a residence permit," said Selam Tesfaye, an activist and campaigner with the Milan-based human rights group "Il Cantiere."

"Foreigners are also victims of blackmail, as they can't speak up against poor working conditions, exploitation and discrimination, due to the precariousness of the permit of stay," she added.

Trump officials vowing to end school desegregation orders

PRESS TRUST OF INDIA Ferriday (US)

¬ ven at a glance, the differences are obvious. The walls of Ferriday High School are old and worn, surrounded by barbed wire. Just a few miles away, Vidalia High School is clean and bright, with a new library and a crisp blue "V" painted on orange brick.

Ferriday High is 90 per cent Black. Vidalia High is 62 per cent white. For Black families, the contrast between the schools suggests "we're not supposed to have the finer things," said Brian Davis, a father in Ferriday. "It's almost like our kids don't deserve it," he said.

The schools are part of Concordia Parish, which was ordered to desegregate 60 years ago and remains under a court-ordered plan to this day. Yet there's growing momentum to release the district — and dozens of others — from decades-old orders that some call obsolete.

In a remarkable reversal, the Justice Department said it plans to start unwinding court-ordered desegregation plans dating to the Civil Rights Movement. Officials



started in April, when they lifted a 1960s order in Louisiana's Plaquemines Parish. Harmeet Dhillon, who leads the department's civil rights division, has said others

It comes amid pressure from Republican Gov Jeff Landry and his attorney general,

who have called for all the state's remaining orders to be lifted. They describe the orders as burdens on districts and relics of a time when Black students were still forbidden

The orders were always meant to be temporary — school systems can be released if

they demonstrate they fully eradicated segregation. Decades later, that goal remains elusive, with stark racial imbalances persisting in many districts.

Civil rights groups say the orders are important to keep as tools to address the legacy of forced segregation — including disparities in student discipline, academic programs and teacher hiring. They point to cases like Concordia, where the decades-old order was used to stop a charter school from favouring white students in admissions. "Concordia is one where it's old, but a lot is happening there," said Deuel Ross, deputy director of litigation for the NAACP Legal Defense Fund. "That's true for a lot of these cases. They're not just sitting silently."

Last year, before President Donald Trump took office, Concordia Parish rejected a Justice Department plan that would have ended its case if the district combined several majority white and majority Black elementary and middle schools. At a town hall meeting, Vidalia residents vigorously opposed the plan, saying it would disrupt students' lives and expose their children to drugs and violence.

Demonstrators march to call for an end to the war in Gaza

PRESS TRUST OF INDIA ■ Rome

≺ens of thousands of demonstrators marched through the streets of Rome on Saturday against the war in Gaza in a protest called by Italy's main opposition parties, who accuse the rightwing Government of being too silent. Protesters held a banner reading "Stop the massacre, stop complicity!" at the start of the march, which moved peacefully through the centre of Rome amid a massive display of rainbow, Palestinian and political party flags.

The protest attracted a diverse crowd from across the country, including many families with children. According to organisers, up to 300,000 people participated in the rally organised by the leftist opposition to ask the government for a clear position on the conflict in Gaza.

"This is an an enormous popular response to say enough to the massacre of Palestinians and the crimes of (Israeli leader Benjamin) Netanyahu's govern-

ment," the leader of Italy's centre-left Democratic Party, Elly Schlein, told reporters at the march. "There is another Italy that doesn't remain silent as the Meloni government does," she said, referring to Prime Minister Giorgia Meloni.

Meloni was recently pushed by the opposition to publicly condemn letanyahu's offensive in Gaza, but many observers considered her criticism too timid. "(The Italian Government) is not reacting despite an abnormal massacre. despite an absolutely cruel and inappropriate reaction. The (Italian) government remains silent," said Nadin Unali, a Tunisian demonstrator at the march. Earlier this week, the Italian premier

urged Israel to immediately halt its military campaign in Gaza, saying its attacks had grown disproportionately and should be brought to an end to protect civilians. Israel faces mounting international

criticism for its offensive and pressure to let aid into Gaza during a humanitarian



5 killed by Israeli fire near Palestinians aid sites

Deir al-Balah (Gaza Strip)

alestinian health officials and witnesses say at least five people were killed and others were wounded by Israeli fire as they headed toward two aid distribution points in the Gaza Strip run by an Israeli and US-backed group. Israel's military said it fired warning shots at people who approached its forces. Four bodies were brought to Nasser Hospital in Gaza's southern city of Khan Younis. Palestinian witnesses there said Israeli forces had fired on them at a roundabout that is around a kilometre from a site run by the Gaza Humanitarian Foundation in the nearby city of Rafah.

The Israeli military said it fired warning shots at people it said were suspects who had advanced toward its forces and ignored warnings to turn away. It said the shooting occurred in an area in southern Gaza that is considered an active combat zone at night.

Meanwhile, Al-Awda Hospital said in a statement that it received the body of a 42year-old man and 29 people who were wounded near another GHF aid distribution point, in central Gaza. The military said it fired warning shots in the area at around 6.40 am. But did not see any casualties. A GHF spokesperson said there was no violence in or around its distribution sites, all three of which delivered aid on Sunday. The group had closed them temporarily last week to discuss safety measures with the Israeli military and has warned people to stay on designated access routes. The spokesperson spoke on



condition of anonymity in line with reg-

The past two weeks have seen frequent shootings near the new hubs where thousands of desperate Palestinians are being directed to collect food.

Witnesses say nearby Israeli troops have opened fire, and more than 80 people have been killed, according to Gaza hospital officials. Israel's military has said it fired warning shots or, in some instances, near individuals approaching its forces.

Witnesses said Sunday's shooting in southern Gaza occurred at around 6.00 am, when they were told the site would open. Many had headed toward it early to try and ly see us." The military had announced on

get desperately needed food before the crowds. Adham Dahman, 30, who was at Nasser Hospital with a bandage on his chin, said a tank had fired toward them. We didn't know how to escape," he said. This is trap for us, not aid."

Zahed Ben Hassan, another witness, said someone next to him was shot in the head. He said that he and others pulled the body from the scene and managed to flee to the

They said it was a safe area from 6 am Until 6 pm ... So why did they start shooting at us?" he said. "There was light out, and they have their cameras and can clearing those hours, and that the area would be a closed military zone from 6 pm until 6 am. The hubs are set up inside Israeli military zones — where independent media have no access — and are run by GHF, a new group of mainly American contractors. Israel wants it to replace a system coordinated by the United Nations and

international aid groups.

Israel and the United States accuse the militant Hamas group of stealing aid, while the UN denies there is any systematic diversion. The UN says the new system is unable to meet mounting needs and allows Israel to use aid as a weapon by determining who can receive it and forcing people to relocate to where the aid sites

The UN system has meanwhile struggled to deliver aid - even after Israel eased its complete blockade of Gaza last month. UN officials say their efforts are hindered by Israeli military restrictions, the breakdown of law and order, and widespread looting. Experts warned earlier this year that Gaza was at critical risk of famine if Israel did not lift its blockade and halt its military campaign, which Israeli officials have said will continue until all the hostages are returned and Hamas is defeated or disarmed and sent into exile.

Hamas has said it will only release the remaining hostages in return for Palestinian prisoners, a lasting ceasefire and an Israeli withdrawal from Gaza. Talks mediated by the US, Egypt and Qatar have been deadlocked for months.

In a separate development, the Israeli military accused a spokesperson for Gaza's ties have been destroyed.

Civil Defence of being an active Hamas member, according to documents it said were recovered during operations inside Gaza. The Associated Press was not able to independently verify the documents, which purport to show that Mahmoud Bassal joined Hamas in 2005. Bassal did not immediately respond to requests for

The Civil Defence are first responders who operate under the Hamas-run government and often are first to arrive at the cenes of Israeli strikes.

Hamas started the war with its massive attack on southern Israel on October 7, 2023, when Palestinians militants killed some 1,200 people, mostly civilians, and took another 251 people hostage. They are still holding 55 hostages, fewer than half of them alive, after most of the rest were released in ceasefire agreements or other deals. Israel has recovered dozens of bodies, including three in recent days, and rescued eight living hostages over the course of the war.

Israel's military campaign has killed over 54,000 Palestinians, according to Gaza's Health Ministry. It has said women and children make up most of the dead but does not say how many civilians or combatants were killed. Israel says it has killed over 20,000 militants, without providing

The war has destroyed vast areas of Gaza and displaced around 90 per cent of its population. The territory's roughly two million Palestinians are almost completely reliant on international aid because nearly all of Gaza's food production capabili-



US terminates Temporary Protected Status for Nepal

PRESS TRUST OF INDIA | Kathmandu

the US has terminated the Temporary Protected Status (TPS) provided to Nepal in the wake of the 2015 earthquake, a media

A US Department of Homeland

Security (DHS) notice on Saturday said TPS would not be extended for Nepal after its expiration on June 24 this year.

DHS Secretary Kristi Noem said the beneficiaries would be granted a 60-day transition period through August 5, The Himalayan Times reported.

TPS allows immigrants from designated countries without another legal status to stay in the US for up to 18 months and get legal work authorisation when social circumstances prevent a safe return.

Nepal was initially designated for TPS on June 24, 2015, for a period of 18 months, in the wake of the devastating earthquake that resulted in a substantial, but temporary, disruption of living conditions.

The DHS had extended the designation on October 26, 2016, for an additional 18-month period and multiple occasions thereafter.

"After reviewing country conditions and consulting with appropriate US government agencies, the secretary has determined that Nepal no longer continues to meet the conditions for its designation for TPS. The secretary, therefore, is terminating the TPS designation of Nepal as required by statute," the notice said.

According to the DHS, about 12,700 Nepalese nationals have TPS, with over 5,500 having become legal permanent residents of the US.

Poor struggle as China eyes Pakistan's donkeys for hides for ejiao

PRESS TRUST OF INDIA Karachi

bdul Rasheed is in a fix these days. Tiger, his donkey and the only source of income, died in an accident last week. Staring at the prospect of dire poverty, Rasheed is undecided about buying a new one as donkey prices have soared in Karachi and other parts of

"A donkey now costs as high as ₹2,00,000 in the market, way too high than the ₹30,000 I paid to buy Tiger eight years ago," Rasheed, a donkey cart owner said. Rasheed and hundreds of other poor wage earners like him, who are dependent on donkeys as their only source of livelihood, now face a tough competition from highvalue buyers from China.

The reason for this sudden surge in don-

key prices has been a growing demand from China to source these animals from Pakistan. Reason: China's multi-billiondollar ejiao industry.

Ejiao is a gelatin used in traditional Chinese medicine, made by stewing and concentrating donkey skin. It is widely used in clinics for its biological advantages of being anti-fatigue, immunity-improving properties, for tumour suppression, and for its anti-anaemia effect.

For animal rights advocates, China's interest in sourcing donkeys, particularly for their hide, is not new.

"Donkey hides have become a global trade now because in China their demand is higher than the supply. And it will grow to satiate a growing demand for ejiao," said Dr Prof Guo Jing Feng, who runs the Pu-Sheng Medical Center in Karachi provid-



ing alternative and holistic health services. Rasheed said despite having good contacts in Karachi's Lyari, the largest donkey market in the country, the cheapest healthy

donkey available is for ₹1,55,000. "Where

can I get that sort of money? And even if I manage something, I am not sure

whether the animal will not die out on me before I have recovered the money," Rasheed, whose annual income is less than ₹400,000, said. Donkeys are an integral part of many industries; chief among them being brick kilns, transport, agriculture, waste collec-

tion, recycling and even laundry. Poor wage workers use their donkeys or donkey carts daily to load structural iron and other heavy stuff and transport them

across several miles every day in all kinds

Over 7,000 Nepalis will have to return to the country once the TPS is

Chad announces suspension of visas to US citizens

PRESS TRUST OF INDIA ■ N'djamena (Chad)

had's President Mahamat Idriss Deby has announced that his coun-✓ try will suspend the issuing of visas to US citizens in response to the Trump administrations decision to ban Chadians from visiting the United States.

President Donald Trump on Wednesday resurrected a hallmark policy of his first term when he announced the visa ban on 12 countries including Chad, accusing them of having "deficient" screening and vetting, and historically refusing to take back their own citizens who overstay in the United States. The new ban targets Afghanistan, Myanmar, Chad, the Republic of Congo, Equatorial Guinea, Eritrea, Haiti, Iran, Libya, Somalia, Sudan and Yemen.

There will also be heightened restrictions on visitors from seven others in the new travel policy, which takes effect Monday at 12:01 am. In a Facebook post, Chad's president on Thursday said he is directing his government to suspend visas to US citizens "in accordance with the principles of

"Chad has no planes to offer, no billions of dollars to give but Chad has his dignity and pride," Deby said, referring to the \$400 million luxury plane offered to his administration as a gift by the ruling family of Qatar. The new travel policy has trig gered varied reactions from Africa, whose countries make up seven of the 12 countries affected by Trump's outright visa ban with some exemptions.

In the Republic of Congo, government spokesperson Thierry Moungalla said he believes the country was among those affected because of a "misunderstanding" over an armed attack in the US with the perpetrators "mistaken" to be from the Republic of Congo. "Obviously, Congo is not a terrorist country, is not home to any terrorist, is not known to have a terrorist vocation. So we think that this is a misunderstanding and I believe that in the coming hours, the competent diplomatic services of the government will contact the American authorities here," he said in the capital of Brazzaville.

Travel ban may shut door for better life for Afghan family PRESS TRUST OF INDIA Irmo (US)

ohammad Sharafoddin, his wife and young son walked at times for 36 hours in a row over mountain passes as they left Afghanistan as refugees to end up less than a decade later talking about their journey on a plush love seat in the family's three-bedroom suburban American home.

He and his wife dreamed of bringing her niece to the United States to share in that bounty. Maybe she could study to become a doctor and then decide her own path.

But that door slams shut on Monday as America put in place a travel ban for people from Afghanistan and a dozen other countries.

"It's kind of shock for us when we hear about Afghanistan, especially right now for ladies who are affected more than others with the new government," Mohammad Sharafoddin said, referring to the country's Taliban rulers. "We didn't think about this travel ban?

Since the Taliban took control of Afghanistan in August 2021 as the Western forces were in the final phase of their with-



education for women and girls beyond sixth grade, most employment and many public spaces. Last August, the Taliban introduced laws that ban women's voices and bare faces outside the home.

President Donald Trump signed the travel ban Wednesday. It is similar to one in place during his first administration but

covers more countries. Along with Afghanistan, travel to the US is banned from Myanmar, Chad, the Republic of Congo, Equatorial Guinea, Eritrea, Haiti, Iran, Libya, Somalia, Sudan and Yemen.

Trump said visitors who overstay visas, like the man charged in an attack that injured dozens of demonstrators in Boulder, Colorado, earlier this month, are

a danger to the country. The suspect in the attack is from Egypt, which isn't included

The countries chosen for the ban have deficient screening of their citizens, often refuse to take them back and have a high percentage of people who stay in the US After their visas expire, Trump said.

The ban makes exceptions for people from Afghanistan on Special Immigrant Visas who generally worked most closely with the US Government during the twodecade war there.

Afghanistan was also one of the largest sources of resettled refugees, with about 14,000 arrivals in a 12-month period through September 2024. Trump suspended refugee resettlement on his first day in office.

It is a path Sharafoddin took with his wife and son out of Afghanistan walking on those mountain roads in the dark then through Pakistan, Iran and into Turkey. He worked in a factory for years in Turkey, listening to YouTube videos on headphones to learn English before he was resettled in Irmo, South Carolina, a suburb of

Iranian rapper who once supported hard-line presidential candidate now faces death arrest over allegedly not wearing the hijab moral corruption.

PRESS TRUST OF INDIA ■ Dubai

he tattoos covering Iranian rapper Tataloo's face stand out against the gray prison uniform the 37-year-old now wears as he awaits execution, his own rise and fall tracing the chaos of the last decade of Iranian politics. Tataloo, whose full name is Amir

Hossein Maghsoudloo, faces a death sentence after being convicted on charges of "insulting Islamic sanctities." It's a far cry from when he once supported a hard-line Iranian presidential candidate. Tataloo's music became popular among

the Islamic Republic's youth, as it challenged Iran's theocracy at a time when opposition to the country's Government was splintered and largely leaderless. The rapper's lyrics became increasing-

ly political after the 2022 death of Mahsa Amini and the subsequent wave of nationwide protests. He also appeared in music videos which criticised the authorities. "When you show your face in a music

video, you are saying, Hey, I'm here, and I don't care about your restrictions," said Ali Hamedani, a former BBC journalist who interviewed the rapper in 2005. "That was brave."

The Iranian Supreme Court last month upheld his death sentence.

"This ruling has now been confirmed and is ready for execution," judiciary spokesman Asghar Jahangir told reporters at a press conference last month.

Activists have decried his looming execution and expressed concern for his safety after he reportedly tried to kill himself in prison.

Tataloo began his music career in 2003 as part of an underground genre of Iranian music that combines Western styles of rap, rhythm-and-blues and rock with Farsi lyrics. His first album, released in 2011, polarised audiences, though he never played publicly in Iran, where its Ministry of Culture and Islamic Guidance controls all concerts.

Tataloo appeared in a 2015 music video backing Iran's paramilitary Revolutionary Guard and Tehran's nuclear programme, which long has been targeted by the West over fears it could allow the Islamic Republic to develop an atomic bomb. While he never discussed the motivation behind this, it appeared that the rapper had hoped to win favour with the theocracy or perhaps have a travel ban against him lift-

In the video for "Energy Hasteei," or "Nuclear Energy," Tataloo sings a power ballad in front of rifle-wielding guardsmen and later aboard the Iranian frigate Damavand in the Caspian Sea. The ship later sank during a storm in 2018.

"This is our absolute right: To have an armed Persian Gulf," Tataloo sang.

Tataloo even issued an endorsement for hard-liner Ebrahim Raisi in 2017. That year, the two sat for a televised appearance as part of Raisi's failed presidential cam-

paign against the relative moderate Hassan Rouhani. Raisi later won the presidency in 2021, but was killed in a helicopter crash In 2018, Tataloo — who faced legal

problems in Iran - was allowed to leave the

country for Turkey, where many Persian singers and performers stage lucrative con-Tataloo hosted live video sessions as he rose to fame on social media, where he

became well-known for his tattoos covering his face and body. Among them are an Iranian flag and an image of his mother next to a key and heart. Instagram deactivated his account in

2020 after he called for underage girls to join his "team" for sex. He also acknowledged taking drugs. Despite being a controversial rapper,

Tataloo has quite the fanbase in Iran, known as Tatalities," said Holly Dagres, a senior fellow at the Washington Institute for Near-East Policy. "Over the years, they've flooded social media with messages of solidarity for him and even campaigned for the rapper's release in the past when he was detained on separate charges." Tataloo's rebellious music struck a

chord with disenfranchised young people in Iran as they struggled to find work, get married and start their adult lives. He also increasingly challenged Iran's theocracy in his lyrics, particularly after the death of Amini following her to the liking of authorities. His collaboration "Enghelab Solh" -

'Peace Revolution" in Farsi - called out Iran's Supreme Leader Ayatollah Ali Khamenei by name. "We don't want tear gas, because there

are tears in everyone's eyes," he rapped. But the music stopped for Tataloo in late 2023. He was deported from Turkey after his passport had expired, and was imme-

diately taken into custody upon arrival to Tehran's Criminal Court initially handed Tataloo a five-year sentence for blasphemy. Iran's Supreme Court threw out

the decision and sent his case to another court, which sentenced him to death in January. The rapper already faced ten years in prison for a string of separate convictions, including

promoting prostitution and

TENDER NOTICE Quotation for whitewash with civil & repair work of the entire society. Last date for submission of document 20th June 2025. Kindly contact the Secretary: 9810201984. THE NIGAM CO-OPERATIVE GROUP

email: konarkapartments@gmail.com

HOUSING SOCIETY LTD. KONARK APARTMENTS 22, I.P. EXTENSION, PATPARGANJ DELHI -110092 Tel.: 2273 4927

nat my client Rajesh Chandra, S/o Kunw ahadur Saxena, R/o E 215, Kona Enclave, Vasundhara, Ghaziabad, wishes t inform the general public that he has lost the Original Demand Letter issued by the DDA in relation to the property allotted to him. i.e., Flat No.-12, C-5, Poket-4, Sector 34

PUBLIC NOTICE

Rohini Delhi-110039. Despite diligen search, the said document could not be found. In this regard, my client has lodged a Lost Article Report at Indirapuram Thana dated 30.05.2025 vide LAR No. 20250000373493. If found, kindly contact the undersigned. My client also requests the DDA for issuance of a duplicate Demani Letter ASAP.

Nishant Bhargava, (Advocate A-56, Ground Floor, East of Kailash New Delhi-11006

"Tataloo is at serious risk of execution," Mahmood Amiry-Moghaddam, the director of advocacy group Iran Human Rights, said in a statement. "The international community, artists and the public must act to stop his execution.

Tataloo earlier expressed remorse at a

"I have certainly made mistakes, and many of my actions were wrong," he said, according to the state-owned Jam-e Jam daily newspaper. "I apologise for the mistakes I made. Tataloo married while on death row, his

uncle said. Last month, Tataloo reportedly attempted to kill himself, but survived.

This is to inform the public that my client Mrs. Monica Chaudhary, W/o Mr. Gaurav Panwar, resident of 89, New Model Apartment, Sector-13, Rohini, Delhi 110085, has no connection whatsoever with her brother Mr. Harshit Chaudhary resident of Ward No. 3. Arva Samai Marg Agarwal Mandi, Tatiri, Baghpat, U.F 250601, and D3-3075, Vasant Kunj, New Delhi 110070. Neither Mrs. Chaudhary, her husband, nor her son Master Kriday Singh Panwar shall be held responsible for Mi Harshit's acts or liabilities. Any person dealing with him does so at their own risk

(O.P. Bhatia), Advocate

This notice is issued to prevent future

His death sentence comes at a politically fraught moment for Iran as the country is at it's "most isolated," said Abbas Milani, an Iran expert at Stanford University.

The Islamic Republic is "desperately trying to see whether it can arrive at a deal with the U.S. On its nuclear programme and have the sanctions lifted," he said. Drawing the ire of Tataloo's fans is "one headache they don't need," he added. PUBLIC NOTICE

PUBLIC NOTICE

This 'Notice' is to inform the Public at large that Smt. Sanks Jain W/o. Sh. Amit Jain is the absolute Title Holder' and 'Owner' in possession of Freehold Built Up Residential Property Bearing Plot No. 90, Block No. AK, Shalimar Bagh Residential Scheme, Shalimar Bagh, New Delhi admeasuring 247.25 Square Meters', hereinafter referred to as 'Schedule' Plot' vide Sale Deed dated 21.06.2022 duly registered as Regn. No. 10418, Book No. 1, Vol. No. 19903, pp. 112-123 on 28.06.2022 dily registered as Regn. No. 10418, Book No. 1, Vol. No. 19903, pp. 112-123 on 28.06.2022 dily registered per le Sub Registrar – VI-A, Pitampura, New Delhi. That original documents for the Schedule Plot, (iii) Perpetual Lease Deed dated 27.02.1987, (iv) Conveyance Deed dated 27.02.1987, (iv) Conveyance Deed dated 28.07.2008, have been lost misplaced and are untraceable as on date, in lieu of which Information Report dated 08.06.2025 bearing LR No. 2900551/12025 has been filled with Delhi Police. This notice is thus issued to the Publicat trans.

Information Report dated us. uo. 2025 bearing LR No. 2900551/2025 has been filled with Delhi Police. This notice is thus issued to the Public at large, i.e. any Person(s). Company(ies), Authority(ies), Society(ies), Organisation(s), Financial Institution(s), Bank(s), HUFs etc. having any knowledge, custody or possession of the above mentioned lost/ misplaced/ untraceable original documents or otherwise having any claims, rights, title, interests, possession etc. in the Schedule Plot, by way of Ownership, Succession, Inheritance, Salo, Mortgage, Exchange, Charge, Lien, Giff, Trust, Encumbrance etc., may come forward with supporting documents, to be delivered to the undersigned.

[On Behalf of Smt. Sarika Jain]
Address: C-1101, Raheja Atharva, Sector-109, Gurugram, Haryana. Mobile No. 9873318178

India will protect farmers' interest in US trade talks: Shivraj Singh Chouhan

PRESS TRUST OF INDIA New Delhi

India will prioritise protecting its farmers' interests while assessing potential gains and losses in the ongoing trade negotiations with the United States over agricultural market access, Agriculture Minister Shivraj Singh Chouhan said.

"Our priority is to protect the interest of our farmers. India will not work closing its eyes. We will assess our gains and losses. Keeping that in mind, an agreement will be finalised," Chouhan said in an interview.

He was responding to a query on how India would safeguard farmers amid US pressure for greater market access for American agricultural and horticultural products

The negotiators are expected to agree on the framework for the broad contours of the first phase of the bilateral deal, expected to be signed by fall (September-October) 2025.

"The discussions are ongoing between India and the US. One thing is clear, we



will protect the interest of our farmers. When we talk about two nations, we need to see the overall trade," the minister

added. According to a NITI Aayog report, "Promoting India-US Agricultural Trade under the new US Trade Regime",

the value for US agriculture and allied product exports to India was about \$ 2.22 billion in the triennium ending 2024.

In the same period, India exported \$ 5.75 billion worth of agricultural products to the US.

India's main agricultural exports to the US include frozen shrimp, basmati rice, spices, processed cereals, and other value-added products.

The US wants to export more agricultural products such as corn, soybeans, and animal feed, but faces high Indian tariffs—especially in agriculture, where average tariffs can reach up to 39-50 per cent.

The minister's comments come as India and the US continue negotiations on expanding agricultural trade, with Washington seeking reduced tariffs and improved market access for its farm products in the Indian market.

India is cautious about fully opening its agriculture and dairy markets due to concerns about potential backlash from rural communities and the need to protect domestic producers from global price volatility.

India topping Japan economy, per capita GDP still lower: WEF ex-MD

PRESS TRUST OF INDIA ■ New Delhi

India is set to overtake Japan to become the world's fourth-largest economy, but must not become complacent, as the country remains far behind Japan in GDP per capita terms, WEF's former MD Claude Smadia said.

According to IMF data dated April 2025, India's GDP per capita of \$2,878.4 is approximately 8.5 per cent of Japan's GDP per capita of \$33,955.7, meaning Japan's per capita income is about 11.8 times higher than India's.

"Yes, it (economy size) is a good indicator because it gives a notion of the economic weight of the country on the global balance. "No, it is not a good indicator because what counts is the per capita GDP. In terms of per capita GDP, India is far below Japan. So whether India has achieved this fourth position in the global economic balance... Is a good indicator of progress being made, but it is not in any way any reason for complacency," Smadja said in an interview.

On the contrary, Smadja argued, India's new economic standing should serve as a catalyst for accelerating reforms and ensuring that growth translates into higher living standards for all citizens, not just a burgeoning middle class in urban and rural centres. Smadja, Chairman of Smadja and Smadja Strategic Advisory, said India stands at a pivotal crossroads in the global technology race, possessing a "unique superiority" in big data, ?an asset that the country must protect and strategically leverage to propel it into the top-tier of global tech and innovation.

He highlighted that India, alongside China, Europe, and the US, is one of the world's largest generators of data.

India's situation is distinctive, he said, thanks to widespread internet access, the proliferation of mobile phones, and the national single identity card system (Aadhaar), data is being generated at an "exponential" rate, touching every aspect of daily life.

"In India, we need to make sure that it protects this huge strategic asset because this is the basis from which it can build, to accelerate its innovation technology process, from which it can create new developments in disruptive technologies, and from which it can, in a way, build its position as being among the top two or three big data players in the world.

Apart from China, no country except India can have this kind of asset with respect to big data, Smadja said. But with

this advantage comes vulnerability.Smadja warned that the US tech giants and policymakers are eager to gain access to data, and with China sealing off its data ecosystem and Europe already on its radar, India could be the next potential target. Smadja believes that India's data trove is the bedrock for the next wave of technological breakthroughs, including artificial intelligence and deep tech. He urged that this resource be leveraged not just for elite innovation but to benefit the entire Indian population, including rural and remote communities.

"India has a tremendously innovative and dynamic startup and innovation ecosystem. So, whatever can be added in terms of policies to support the development of this ecosystem will tremendously benefit India.

According to IMF data dated April 2025, India's GDP per capita of \$2,878.4 is approximately 8.5 per cent of Japan's GDP per capita of \$33,955.7, meaning Japan's per capita income is about 11.8 times higher than India's

"Until now, corporate India has been more prone to buying technologies than to create them. We need to have and see a much more intensive effort from corporate India to develop R&D technologies," Smadja noted. India's young population remains a key asset, but Smadja stressed the urgent need to accelerate skill development and reskilling across the workform

Looking ahead, for India to become a \$ 7-trillion economy by 2030, India must expand its industrial base, Smadja said. Currently, the share of manufacturing in India's GDP is about half of what it is in China. This share is far too low given the country's size, population, and economic potential, he said. Without a significant boost to manufacturing, Smadja said, India cannot hope to achieve the scale of economic growth required to reach the \$ 7-trillion mark. Ramping up R&D, fostering innovation, and accelerating the pace of development and productivity in the rural sector is also crucial, he said. Increased rural productivity would not only boost the overall economic output but also enhance the purchasing power of rural populations, driving broader consumer.

5 apply for DCRA empanelment as TRAI preps for digital connectivity rating

PRESS TRUST OF INDIA New Delhi

The Telecom Regulatory Authority of India (TRAI) has received applications from five entities expressing interest in being empanelled as digital connectivity rating agencies (DCRAs) who will evaluate properties according to the regulator's prescribed rules and norms, according to Chairman Anil Kumar Lahoti. TRAI is hoping for an early launch of the entire system, with Lahoti noting that the first round of empanelment could take place as soon as this month.

Some projects and properties have already started making enquiries about the rating system, he said. The proposed 'star rating' system will evaluate properties on digital connectivity, similar to green building or energy efficiency rating systems. New as well as existing buildings can be rated under the proposed system and TRAI hopes that framework may even nudge builders to "retrofit" existing buildings with good digital connectivity infrastructure to get a favourable rating.

To support this, TRAI is developing a digital platform and final property assessments will also be published on the regulator's website. Over time, TRAI expects the digital connectivity rating system to become a standard and key selling point for developers, builders on the one hand, and buyers or tenants on the other, given connectivity demands at workplace and homes. At present, dense construction in urban areas also makes connectivity a challenge in many locations. "We have already issued the regulation for the rating framework. We have also initiated the process of empanelling agencies who can do the rating and the call for application is on. We have received applications from five agencies who have shown interest in getting empanelled as DCRAs.

"We have also issued a draft manual on the rating system so that there is a uniform, standard, transparent process for the rating, which is known across all the rating agencies and property managers who are seeking the rating. After that, it is for any property manager to approach a rating agencies and get the rating," Lahoti coid

Last month, TRAI released the draft manual for assessment of rating of properties for digital connectivity under the Rating of Properties for Digital Connectivity Regulations, 2024.

According to TRAI, the rating manual will enable adoption of uniform assess-

The proposed star rating system will evaluate properties on digital connectivity, similar to green building or energy efficiency rating systems

ment methodology by the Digital Connectivity Rating Agencies for rating of properties.

It will also provide a standard reference for the property managers for creation of digital connectivity infrastructure (DCI) in their properties. Buildings shall be evaluated based on defined parameters in the regulation — fiber readiness, mobile network availability, in-building solutions, and wi-fi infrastructure, service perfor-

mance among others. The regulator had also submitted its recommendations to the government on 'Rating of Buildings or Areas for Digital Connectivity' in February 2023, with an aim to create an ecosystem for building of DCI as a part of any development activity. TRAI has also released the regulation Rating of Properties for Digital Connectivity Regulations, 2024 in October last year to bring a framework for rating of properties for digital connectivity. The idea is to promote creation of good digital connectivity through a collaborative and self-sustainable approach.

"The two things — regulations and policy framework are not contingent upon each other, they are complementary. The regulation is already in force, and the rating of properties can start. The policy framework enabling provisions in the national building code and in the model building bylaws, can process concurrently," he said. Industry estimates show that more than 80 per cent of the data consumption takes place inside building premises, Lahoti said.

Auto sector seeks Government help for rare earth imports

PRESS TRUST OF INDIA ■ New Delhi

The automobile industry has sought government support in expediting approvals from the Chinese government for importing rare earth magnets used in various applications, including passenger cars.

As per the industry sources, various domestic suppliers have already sought approval from the Chinese government through their local vendors in China.

However, no approvals have been granted so far, sources said. China controls over 90 per cent of global processing capacity for the magnets, used across multiple sectors including automobiles, home appliances and clean energy. The Chinese government has put restrictions, with effect from April 4, mandating special export licences for seven rare earth elements and related magnets.

In Japan, Suzuki Motor has already suspended production of its Swift car because of China's curbs. Last week, Maruti Suzuki India Senior Executive Officer (Corporate Affairs) Rahul Bharti said China has asked for an end-user certificate, endorsed by the Indian government and approved by the Chinese government. "So that process is on and industry is in discussion with the government," he stated. Deloitte India Partner and Automotive Sector Leader Rajat Mahajan noted that the shortage is a major supply chain disruption especially for EVs as rare earth metals are used extensively in the electric motor which is a core component. Rare earth magnets have high magnetic energy storage capacity with low coercivity at high operating temperatures. "This has been an R&D topic for the automotive industry for a long time but till now other magnetic materials have not seen large scale commercial usage in applications like EV," he noted.

Also, there are not enough rare earth magnets to recycle at this point in time to satisfy the EV volumes, Mahajan said. It will not be easy for OEMs to suddenly change course on powertrain as well as on alternate material.

The Chinese government has put restrictions, with effect from April 4, mandating special export licences for seven rare earth elements and related magnets

"This situation will hopefully get resolved via diplomatic channels, but if it continues then we may see a shift towards powertrains for large OEMs," he said. Icra Senior Vice President & Co-Group Head Corporate Ratings Srikumar Krishnamurthy noted that rare earth magnets are used for multiple applications in EVs — electric motors, regenerative braking systems, power steering etc.

Given that China accounts for around 90 per cent of the overall supply for rare earth magnets, the curb on export of the same by China can have material implications for the EV industry, he added.

Odisha now an industrial powerhouse: CM Mohan Charan Majhi

PRESS TRUST OF INDIA ■ Bhubaneswar

disha is no longer the minerals hub of India, it is becoming a diversified industrial powerhouse, Chief Minister Mohan Charan Majhi said on Sunday. Majhi made the statement while interacting with industrialists at the Lok Seva Bhavan, ahead of the first anniversary of his government.

"Odisha is no longer just a minerals and metals hub. We are becoming a diversified industrial powerhouse, where opportunity flows from port to plant and from cities to every aspirational district," he said.

The state is growing across 20 sectors — from mining, metallurgy and metal downstream to emerging opportunities in chemicals, food processing, apparel and textiles, he said.

Majhi spoke about the measures his government has taken to help industries. "One year ago, the people of Odisha placed their faith in us to build a future that is inclusive, aspirational, and transformative. Today, as we reflect on this first year, we do so with pride, in our progress and renewed commitment to the journey ahead," he said.

Maintaining that his government was focused on job

Maintaining that his government was focused on job creation, he urged the industrialists to join the journey of making the state an industrial powerhouse.

of making the state an industrial powerhouse.

"Over the last year alone, 206 large projects were approved -- nearly double the average of the previous five years. These represent a total investment value of over Rs 4.5 lakh crore and an employment potential of nearly 2.9 lakh jobs," he said. "Since the Utkarsha Odisha summit, 56 projects have already been taken up for ground-

breaking and inauguration, with a combined investment of over Rs 1.78 lakh crore, and employment potential for 1.1 lakh people. These numbers reflect not only our speed, but scale and substance," he added.

Attacking the previous Naveen Patnaik-led regime, Majhi said that, in many ways, his government has achieved more in this one year than the past five years combined through quiet, focused, and committed action.

In the coming year, he said the government will focus on four key priorities. "First, the government will bring new policies that unlock emerging sectors and offer global competitiveness. Secondly, the government will expand the state's land bank and industrial infrastructure to meet future demand. Third, we will revamp our single window system and develop a modern, integrated project tracking platform.

India poised to benefit from FTAs, says RAI CEO

PRESS TRUST OF INDIA ■ Singapore

India has emerged as a "great place" to use the advantages accruing from Free Trade Agreements (FTAs), a senior retail industry official said as he highlighted the success of Make in India programme. "We are among the most attractive markets, with a growing young population that makes us one of the world's largest consumer markets with insatiable demand for the best in the world," said Retailers Association of India (RAI) CEO Kumar Rajagopalan at an event here.

FTAs will also give Indians access to items that get manufactured abroad at a more convenient pricing, he added. But he was also quick to dismiss notions of dumping cheap inferior goods into the Indian market, pointing out that the

country has created laws that can protect against such trade-damaging practices, and that can be challenged at the World Trade Organisation. According to Kumar, a trade veteran of 40 decades, a full-fledged quality control checking system is in place to ensure Indian consumers are getting the best products as imports of edibles is set to increase following the signing of more and more FTAs by the Indian government in an endeavour to reach out the global markets. India has always imported consumer products from around the world but in recent years with the economic prosperity momentum picking up, the country has become "more and more attractive as a consumer-driven market", given the young population with rising income seeking the best quality, cost-effective, long-lasting and appealing products,

Kumar pointed out. FTAs are increasing India's bilateral trade globally, covering value-added high-end and heavy-duty industrial products to edibles such as soybeans, cheeses, vines and beverages. RAI leads about 2,500 members, mostly retailers at national level, with an annual business volume of about \$ 900 billion, that is set to grow at 10 per cent annually.

After participating in the National Retailers Federation's 2025 for Asia Pacific held in Singapore during June 3-6, Kumar pointed out that the Make in India programme is producing world-class high-standard products both for the domestic market as well as export, "thanks to the FTAs opening more export opportunities". Kumar also sees competition from world-class products for Make in India. "Imports and exports will create a competitive

landscape and we will see further upgrades in manufacturing processes within India to make globally-rated products be it hardware, software and or edibles." India, he said. Produces agri and non-agri products for consumers as well as industrial plants

for the world.

He said that 85 per cent of the 7,00,000 stores in India are still operating in traditional formats, ranging from the corner shop Kiraana to single store supplying everything in the range of garments and edibles, competing with mega modern-day fast-pace trading department stores, online and offline supply chain operators.

Fast and quick-commerce have reduced delivery time to 10 minutes while e-commerce and online payments have made retailing business easier and prompt, he observed.

Karnataka account

HDFC bank denies fraud allegations against MD and CEO by Lilavati trust

PRESS TRUST POF INDIA New Delhi

DFC Bank has denied Lilavati Trust's allegation that the bank's MD and CEO Sashidhar Jagdishan

was involved in a series of financial frauds. The allegation levelled by Lilavati Kirtilal Mehta Medical Trust (LKMM Trust), its trustees and officials against the bank's MD and CEO are baseless and malicious, an HDFC Bank's spokesperson said. "The outrageous and preposterous allegations are strongly and categorically denied," the spokesperson said in a

statement.

The Trust, which oversees Lilavati Hospital in Mumbai, had called upon the board of HDFC Bank, the RBI, SEBI and the Finance Ministry to suspend Jagdishan from all executive and board roles with immediate effect.

"An FIR...Was registered under orders of the Bombay Magistrate Court after a seized cash diary revealed ₹14.42 crore misappropriated by trustees, of which ₹2.05 crore was received by Jagdishan,



establishing his direct involvement," the

According to the HDFC Bank spokesperson, Jagdishan is being target-

ed by unscrupulous persons who are abusing the legal process to thwart the recovery of the long outstanding loan due to the bank from recalcitrant defaulters.

"The Trustee, Prashant Mehta and his family members owe substantial amounts to HDFC Bank which were never repaid. Recovery and enforcement actions have

been taken by the bank over two decades and at every stage Prashant Mehta and his other family members have launched numerous vexatious legal actions," the statement said. Having consistently failed at all levels including the Supreme Court, they have now resorted to the recent mala fide personal attacks on the bank's MD & CEO with the sole objective of intimidating and bullying the bank from carrying out the mandate of recovering all outstanding loans in every possible manner permissible under law, it added.

Additionally, the Trust has sought a bar

on Jagdishan from holding office in any SEBI-regulated entity while investigations are ongoing.

The Trust also alleged that the offer of ₹1.5 crore disguised as CSR funds to hospital staff shows the intent to destroy evidence and obstruct justice.

Despite judicial findings and multiple complaints, HDFC Bank failed to act, violating Section 166 of the Companies Act and SEBI Governance mandates, the Trust alleged.

for 51 per cent of FDI in FY25

Maharashtra,

PRESS TRUST OF INDIA ■ New Delhi

aharashtra and Karnataka accounted for 51 per cent of the foreign direct investment (FDI) inflows into the country during the last financial year 2024-25, according to the latest data of the Department for Promotion of Industry and Internal Trade (DPIIT).

Maharashtra attracted maximum foreign inflows at USD 19.6 billion and accounted for 31 per cent of the country's total FDI during April-March 2024-25.

Karnataka received USD 6.62 billion overseas investments during the last fiscal year, the data showed. The two states were followed by Delhi (USD 6 billion), Gujarat (USD 5.71 billion), Tamil Nadu (USD 3.68 billion), Haryana (USD 3.14 billion) and Telangana (USD 3 billion).

VIVACITY TO CONTROL OF THE PROPERTY OF THE PRO



POINTS YOU HAVE TO REMEMBER

START WITH GRATITUDE: Keeping a gratitude journal or simply reflecting on three good things each day can shift vour mindset. It's not about ignoring the negatives, but about training vour brain to also recognise what's going right.

MOVE YOUR BODY: Physical activity - whether it's a brisk walk or a dance session, all these release endorphins as our brain's natural mood enhancers, Just 20 minutes a day can help boost your mood significantly **CONNECT WITH OTHERS:**

Human connection is a cornerstone of happiness. Regular interactions with family, friends, or even neighbours can ease anxiety and promote a sense of belonging. Volunteering is another powerful way to foster positivity. Avoid just socially connecting on the phones, try and meet physically and soak in the happy moments.

MIND YOUR MIND: Practising mindfulness or meditation helps break the cycle of negative thinking. Even five minutes of focused breathing can help reset your emotional state. Over time, mindfulness improves emotional regulation, reduces anxiety, and enhances awareness.

etween the relentless pressure of

work deadlines, financial worries, social comparisons, and a constant stream of bad news, many people today find themselves overwhelmed and emotionally drained. Frustration, burnout, and anxiety have become all too common, especially in a world where productivity often takes priority over peace of mind. Yet, in the midst of this chaos there is one simple yet powerful tool we can all lean on anytime is: a positive mindset.

Chronic stress, especially due to high-pressure jobs or unrealistic expectations, slowly drains our emotional energy. Over a long period of time, it affects sleep, appetite, and even memory. Due to continuous pressure on the brain, it becomes nearly impossible to stay positive or feel hopeful about things. Mental well-being is about feeling capable, calm, and connected. Chronic stress deeply disturbs that balance," says Dr

> WE'RE OFTEN OUR HARSHEST CRITICS. **REPLACE NEGATIVE SELF-TALK WITH**

ENCOURAGING WORDS. SPEAK TO YOURSELF

AS YOU WOULD TO A FRIEND IN NEED WITH KINDNESS, PATIENCE, AND

UNDERSTANDING

phins are released. It has also been shown that expressing gratitude regularly also helps train your brain to be positive. Connecting with friends regularly can also help you develop a more positive outlook. Regularly practicing breathing techniques,

Pavitra Shankar, Associate

Aakash Healthcare.

Consultant, Psychiatry at

Research has shown

that 10 minutes of

brisk walking can

make a lot of differ-

ence, as during brisk

walking, "feel-good" chemicals like endor-

even for a few minutes daily, can help settle your mind. These small changes, done over a period of time, help maintain a positive outlook even during difficult times." says Dr Pavitra. Ultimately, choosing happiness is an act of self-care, one that not only improves your health but also uplifts those around you. In the words of one wise proverb: A happy heart makes the face cheerful, but heartache crushes the spirit. And in today's world, a

cheerful face might just be

the best medicine of all.

START YOUR DAY BY **SETTING AN INTENTION** AS SIMPLE AS "I WILL **STAY CALM UNDER** PRESSURE" OR "I WILL **BE KIND TO MYSELF." UNLIKE GOALS, INTENTIONS FOCUS ON HOW YOU WANT TO BE**

LIMIT NEGATIVITY

While staying informed is important, constant exposure to bad news or toxic social media can drain your energy. Curate your environment in both online and offline cases to support your mental wellbeing. This includes setting screen time boundaries. unfollowing accounts that trigger stress, and choosing uplifting content that nurtures your peace



ENGAGE IN CREATIVE EXPRESSION

satisfaction. Engaging in creative pursuits stay present and joyful.

Even 15 minutes of creativity everyday can help

reset your mood and inspire positivity.

Sleep Habits Impact Brain Ageing

Study says those who stay up late may face an increased risk of memory loss and cognitive slowdown, writes ABHI SINGHAL

eople who identify as night owls, which means individuals who naturally prefer staying up late and waking later in the day — may face a heightened risk of cognitive decline as they age, according to a new study published in the Journal of Prevention of Alzheimer's Disease. The decade-long study, conducted by researchers at the University Medical Center Groningen in the Netherlands, tracked the cognitive performance of approximately 23,800 individuals. The findings of the study suggest that evening chronotypes, or 'night owls', decline cognitively at a faster pace than their early bird counterparts.

Chronotype Matter More

CELEBRATE YOUR

In a results-driven world, where we are

judged on what big we achieve we

victories, whether finishing a book oi making your bed will

often overlook minor ccomplis Taking time to celebrate small

SMALL WINS

and brings a sense of progress. This habit builds confidence and

The lead author of the study — Ana Wenzler explained that one's chronotype — the natural inclination toward a particular sleep-wake cycle — plays a crucial role in brain health.

"Are you an early bird or a night owl? It's hard to adjust what your biological clock your so-called chronotype — is, but you can adjust your life to it as best you can," Ana Wenzler noted. Unhealthy behaviour like smoking, drinking and unhealthy eating happens more often in the evening.



Harmful Habits of Late Sleepers The study observed that night owls often

indulge in behaviours detrimental to long-term cognitive function. Poor dietary habits, lower physical activity and irregular or inadequate sleep routines. "Unhealthy behaviour such as smoking, drinking and unhealthy eating happens more often

in the evening," Wenzler added. "Twenty-five per cent of the risk of cognitive decline can be explained from our research by smoking and poor sleep.

Crucial Role of Sleep Quality

Sleep deprivation emerged as a key factor driving cognitive deterioration. Night owls often experience a mismatch between their internal body clock and early morning societal demands. "They are often people who have to go back to work early in the morning and are

therefore more likely to sleep too short, giving their brains too little rest," Wenzler stated. Good sleep supports: Brain detoxification and memory consolidation, hormonal balance with emotional stability.

Can You Change Your Chronotype?

Interestingly, chronotypes are not permanent. Wenzler pointed out that children typically begin as morning people, become evening-oriented during adolescence, and shift back towards being morning people by their 40s.

Did you know owning a dog can be good for your heart?

health, and lower your overall risk of heart disease.

According to the American Heart Association, pet ownership

may reduce blood pressure and cholesterol, improve mental



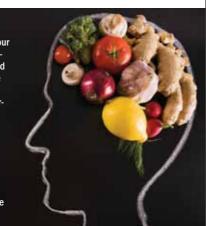
Regular meditation is linked to several health benefits, including improved metabolism, lower blood pressure and positive changes in brain activity. Just a few minutes each day can enhance mental clarity and boost overall well-being.

HOW COGNITIVE DECLINE SHOWS UP

- Symptoms of cognitive decline
- nmonly seen include:
- Reduced processing speed Difficulty concentrating or
- making decisions Increased mental fatigue
- Alarmingly, even a one-hour delay in the natural sleepwake cycle was associated with a 0.8-point cognitive decline per decade particularly among highereducated individuals

ADJUSTING TO YOUR BODY CLOCK

As cognitive health becomes an increasing concern with age, aligning lifestyle choices with one's natural rhythm may offer protection. Establishing a consistent sleep routine, avoiding stimulants late at night, dimming lights in the evening, and exposing oneself to natural light during the day are among the ways to support a healthy circadian rhythm



Swapnil Kusale, Elavenil to lead India in ISSF World Cup

aris Olympics bronze medallist Swapnil Kusale will lead the Indian squad along with comeback shooter Elavenil Valarivan at the season's third ISSF World Cup which will feature of a galaxy of international stars, beginning here from Tuesday. Kusale fought his way back to the men's 50m rifle 3 positions (3P) event on the back of a good show on the domestic circuit.

Two-time Olympian Elavenil will be seen in international action for the first time since Paris, although she did make the trip to Buenos Aires and Lima as an RPO (Ranking Points Only) shooter.

Reigning Asian Games champion Palak in the women's air pistol also makes it back to the team. There will be a few World Cup debuts like newly-crowned women's air rifle national champion Ananya Naidu.

There will be two new faces in the men's air pistol - Aditya Malra and Nishant Rawat — as India explore their depth in the two disciplines ahead of bigger challenges



later in the year. A total of 695 athletes, standings. The Munich leg will however including Olympic and World champions and legends of the sport from 78 countries, will participate in the World Cup.

The season began with a double-heading six gold, helping the team finish a creditable second and third respectively on the

present a much tougher challenge given the much wider presence of the world's best shooters. Legendary Chinese marksman Li Yuehong, the reigning Olympic champion old Sheng Lihao, the reigning Olympic, world and Asian champion and worldment. China, winners of the first two legs, are bringing their men's air pistol Olympic champion Xie Yu, in what is a 22-member squad. Hosts Germany have fielded a strong 27-member contingent led by their pistol legend and former Olympic and world champion Christian Reitz.

Anna Janssen, their women's air rifle qualification world record holder, would also be starting on home soil. Another RFP legend Jean Quiquampoix, part of a 16member French squad, will help complete the troika of legends who have completely dominated the event over the last decade or so.

The Koreans will also be there in full force with 19 shooters, including two of their three reigning women Olympic champions Yang Jiin (25m pistol) and Oh

Yejin (10m air pistol). Several Paris Olympic medallists like the USA's Sagen Maddalena, Italy's Paolo Monna and Danilo Sollazzo and Alexandra Le of Kazakhstan are also set to start

Andorra remained winless but man-

"We kept giving it away and that gave them a bit of confidence and energy," Kane said. "At 1-0 with five to 10 minutes to go you have to be careful."

England dominated possession and Eberechi Eze went close to a second goal when he forced Álvarez to tip his header of the bar as the visitors couldn't extend the lead. England had won its previous six meetings with Andorra by a

be prouder of my team and how they carried it out," Andorra coach Koldo Álvarez said.

dium in Barcelona, nearly three hours south of the Pyrenees principality due to concerns that work on Andorra's home stadium wouldn't be finished in time.

Kane saves England in World Cup qualifying

PRESS TRUST OF INDIA ■ Barcelona

ngland needed a second-half goal from Harry Kane to secure a 1-0 win over lowly Andorra and maintain a perfect record under Thomas Tuchel after three World Cup qualifiers.

England was held scoreless by a team ranked 173rd in the world until Kane redirected a pass from Noni Madueke into the top of the net in the 50th minute after the Bayern Munich striker's initial effort was saved by goalkeeper Iker

"We need to be better for sure," Kane said. "It's not one that many will remember and we had good spells, but we take the three points and move on."

It was goal number 72 in his 106th appearance for the Three Lions.

Tuchel's side remained top of Europe's Group K with nine points after wins against Albania and Latvia. They have yet to concede a goal under the German coach. Nevertheless, Tuchel said that he was "not happy" with the slim win over tiny Andorra, which has a population of around 80,000. "At the end of it, it was absolutely not OK because we lost focus and we lost the urgency that is needed,"

aged to frustrate England's stars for most of the game with its five-man defensive line. Ezri Konsa had to block a late shot by Andorra's Guillaume Lopez to prevent the chance of an equaliser.

combined score of 25-0.

"In terms of effort, I think I couldn't

The game was played at Espanyol's sta-

Only the group winners qualify directly for next year's tournament in North

America. The second-placed teams go into a playoffs. Europe will have 16 teams in the expanded 48-team field for the World Cup. The group stage of European qualifying runs through November.

England will next host Senegal in a friendly on Tuesday. Albania and Serbia draw under tight securityAlbania and Serbia drew 0-0 in the latest chapter of a charged rivalry rooted in deep historical and ethnic tensions between the Balkan neighbors.

England dominated possession and Eberechi Eze went close to a second goal when he forced **Alvarez to tip his header of the** bar as the visitors couldn't extend the lead

Serbia goalkeeper Dorde Petrovic saved a penalty kick by Rey Manaj in the best chance of the game, which was played without Serbian fans as determined by UEFA for security concerns.

Albania is second in Group K behind England with four points after three games. There were few chances in the match played under tight security, with more than 2,000 police officers guarding the capital.

Albanian fans loudly whistled when the Serbian anthem was played and shouted Kosovo, which predominantly has an ethnic Albanian population and which was part of Serbia until 1999 when a NATO air campaign pushed Serb forces and authorities out. Some fans tossed beer cups at the Serbian players, despite repeated calls for them to stop.

A 2014 game between the teams in Belgrade was abandoned when a drone carrying an Albanian flag sparked a fullscale brawl. The last time they met on Albanian soil was in 2015.

Veteran Dzeko scores for BosniaA goal

from 39-year-old Edin Dzeko gave Bosnia and Herzegovina a 1-0 win over San Marino.

The Balkan republic leads Group H with three wins, while San Marino is bottom with zero points.

Austria beat Romania 2-1 in the same group as Michael Gregoritsch and Marcel Sabitzer scored for the hosts before Denis Alibec halved the difference in injury

er in South America where Indian rifle and and three-time Olympic medallist in the pistol shooters picked up 15 medals includ-25m rapid-fire pistol (RFP), and 20-year-

IPL needs 12-16 week window to match the likes of NFL: Burman

PRESS TRUST OF INDIA New Delhi

≺he Indian Premier League needs a 12-16 week operating window to match the brand value of top sporting leagues in the world including the NFL, NBA and Premier League, reckons Punjab Kings co-owner Mohit Burman.

At \$16.8 million, the IPL is only behind NFL (\$36.8 million) in terms of per-match value but needs to catch up with its global rivals like NFL and leading European football leagues when it comes to the overall brand value pecking order. According to leading investment bank

Houlihan Lokey, the IPL is valued at roughly \$16 billion while one NFL franchise Dallas Cowboys alone is worth \$9 billion, followed by New York Yankees at \$7.1

NBA franchise New York Knicks is valued at \$7 billion while top football clubs Real Madrid and Manchester United have drawn a valuation of \$6 billion. Compared to the existing eight-week IPL, the much longer windows of Premier League (August to May), NBA (seven months) and in the world can play without restrictions," NFL (4.5 months) also push their valua-

"We're already second in the world when it comes to per-match value, just behind the NFL. But overall brand value? That's a different game. I think we need a 12-16week window to get there," said Burman, who is also the chairman of Dabur India.

"That gives us space to tell better stories, build rivalries, and create more value for everyone — fans, sponsors, broadcasters. But it's not just about length. It's about what we do in that time — the kind of content we push out, how we engage fans yearround, how we build the league beyond the season. IPL has the scale. Now it's about consistency and depth."

The IPL's dominance in world cricket is undisputed but to maintain that envious position, nothing can be taken for granted, said Burman. "The IPL is already the biggest cricket product in the world, but staying there means not taking anything for granted. Player availability is crucial. We need a clean window where the best

said the 56-year-old businessman.

"The fan experience must keep evolving. It's not just about cricket anymore its sport, entertainment, culture all rolled into one. We don't need to take the IPL abroad - what we do need is to build global relevance. Content, players, and stories that connect with fans across the world."

Besides Punjab Kings, Burman and other team's co-owners have also invested in the Saint Lucia franchise of the Caribbean Premier League. Their IPL rivals too have expanded their ownership in multiple leagues including SA20, ILT20, MLC, CPL and most recently The Hundred. Burman is all for taking the IPL brand to the world. "It's a smart and strategic move. A lot of teams are now building a common core — with shared vision, systems, and values - across multiple leagues. That's what makes it sustainable and scalable," he said when asked about the trend of IPL teams expanding overseas.

"For us, the goal is clear: build the Kings ecosystem across geographies and formats.

Whether it's IPL or CPL, we want to run our teams with the same purpose — high performance, strong culture, and deeper fan connection. We're not just creating teams — we're building a brand that travels. And this is just the beginning," he said.

PBKS reap rewards of success, up 25 percent year on year commercially

The IPL and its franchises are in the pink of financial health considering the phenomenal growth of the competition introduced in 2008. Considering that, is the onfield performance of a franchise heavily linked to its commercial success?

"They go hand in hand. Strong on-field performances drive commercial growth that's the reality. Brands want to be part of winning stories. We've seen that this year we're up 25 per cent year-on-year com-"More fan engagement, stronger spon-

sor interest, and better value across the board. This season proves that when vour on-field and off-field stories align that's where the real magic happens," he

India need to avoid conceding late goals against Netherlands in FIH Pro League

PRESS TRUST OF INDIA Amstelveen

→he Indian men's hockey team will have to shed the habit of conceding L late goals if it wishes to bounce back against the Netherlands and stay in contention for top spot in the FIH Pro League here Monday. India have dropped to the fourth posi-

tion in the Pro League standings after the 1-2 loss against Netherlands on Saturday. Netherlands are atop the leader-board with 17 points from nine games, followed by England (16 points from eight games), Belgium (16 points from eight games) and

India (15 points from nine games). The European leg of the Pro League holds greater significance for India. A topplace finish will help India directly qualify for next year's World Cup to be co-hosted by Belgium and Netherlands.

If they fail, India will have another chance through the Asia Cup to be held in Rajgir, Bihar from September 5 to 14 this year. Against Netherlands on Saturday, India squandered a one goal lead to lose to Olympic champions Netherlands.

The Indian side showed promise in the early phases of the first half, with captain Harmanpreet Singh converting a penalty



corner to give his side the lead.

The Dutch, however, made a strong comeback and ultimately emerged victorious courtesy a brace from Thijs van Dam, which included the winning goal in the 58th minute. The Indian defence was upto the task against Netherlands' fierce attacks but some lapse in concentration and man-marking cost them dearly with two minutes remaining.

Having said that, the Indian forwards will have to be assertive and create more chance from field opportunities, an area which was found wanting on Saturday.

Also, what needs to be worked upon is more co-ordination between the midfield and forwardline, a vital area which creates goal scoring opportunities.

"We did well in the first half but the third quarter wasn't as good. In the fourth quarter we did well again and were winning the ball, but we weren't getting any shots on goal. "It was unfortunate to lose like that because I thought we could push for a draw. We want to push ourselves as hard as we can, especially against a team like the Netherlands," India head coach Craig Fulton said after Saturday's match.

Diksha stays within top 10 after third round

PRESS TRUST OF INDIA Tenerife (Spain)

ndian golfer Diksha Dagar carded an even par 72 to hold her position with-In the top 10 after the third round of the Tenerife Women's Open at Abama

Diksha was five-under for three days and is placed sole 9th in the standings. She is three shots behind the leader Sara Kouskova (69) at eighth-under.

The other Indian to make the cut in Ienerife, Avani Prashanth played an even par third round and is now placed at 43rd on the leaderboard.

Sara Kouskova surged ahead of the field on the third day with a round of threeunder 69 and now leads by one stroke. The Czech national won the Jabra Ladies Open just last week and is in prime position to follow the title with one more this week. Diksha started her day with a birdie on the first hole before dropping shots on the sixth and eighth holes by the time she was hallway through the round.

On the back nine, Diksha picked up a shot on the 10th hole before dropping one back on the 13th and picking up one more on the 16th to make sure she is still placed in the Top-10.

Avani started her round with back-toback birdies on the 10th and 11th holes and then dropped a double bogey on the



er double bogey before picking them back up on the third and sixth holes. She would drop a shot immediately on the seventh and then birdie the eighth to close the day with a par score on a rollercoaster day. Kouskova only dropped one

shot during her third round on the 12th hole. She made birdies on the sixth, 11th, 14th and 17th holes.

Shannon Tan of Singapore is in tied second place alongside Ana Pelaez Trivino the order.

of Spain and Noora Komulainen of Finland. The Singaporean national carded 72, while Ana and Noora played rounds of six-under 66 and three-under 69 respectively to place themselves one shot behind the leader.

Order of merit leader Mimi Rhodes played carded three-under 69 to move into tied 10th with Patricia Isabel Schmidt and second day leader Lauren Walsh.

Walsh had an abysmal third round and she shot five-over 77 to stumble down

Will visa delays, border fears keep international fans away from Club World Cup in US?

PRESS TRUST OF INDIA ■ New York

s the United States readies for the FIFA Club World Cup, concern Over such things as international travel, fan safety and even economic uncertainty threaten to diminish enthusiasm for the tournament

The United States will see the arrival of 32 professional club teams from around the globe to 11 cities for the tournament. There's a \$1 billion prize pool.

The Club World Cup is considered in many ways to be a dress rehearsal for the big event, the 2026 World Cup to be hosted by the United States, Canada and Mexico. But there seems to be little buzz for the Club World Cup at home or abroad. The expansion of the field from seven to 32 teams has diminished the exclusivity of the event, and ticket sales appear slow.

At the same time, the tournament is being played amid reports of foreign tourists being detained and visa processing delays. Chaotic US Immigration and Customs Enforcement activities and President Donald Trump's travel bans aren't exactly reassuring international fans,

Wary travelers, visa woesTrump's policies appear to have already impacted travelers. The National Travel and Tourism Office released data showing visitors to the U.S. From foreign countries fell 9.7 per cent in March compared to the same month last year. The travel forecasting company Tourism Economics has predicted that international arrivals would decline 9.4 per cent this year.

The US Travel Association, a nonprofit group that represents the travel industry, has urged the Trump administration to improve such things as visa processing and customs wait times ahead of a series of big sporting events on US Soil, including the Club World Cup beginning June 14, the Ryder Cup later this year, next summer's World Cup and the 2028 Los Angeles Olympics.

Association President Geoff Freeman said, for example, that the wait in Colombia for a visa interview appointment is upwards of 18 months — already putting the 2026 World Cup out of reach for some



travelers. He said his organisation is working with the White House's World Cup Task Force to address issues.

They (the task force) recognise how important this event is: success is the only option. So we're eager to work with them to do whatever it is we need to do to ensure that we can welcome the millions of incremental visitors that we think are possible,"

Freeman said. "But these underlying issues of visa and customs, we've got to address."

Secretary of State Marco Rubio, speaking at a House Committee on Foreign Affairs hearing last month, suggested consular staff could be put on longer shifts and that artificial intelligence could be used to process visas.

We want it to be a success. It's a prior-

ity for the president," said Rubio.

But the Trump administration may have added to the concerns for international visitors by issuing a ban on travelers from 12 countries, with restrictions on travel from nine more countries.

Iran, one of the countries named, has qualified for the World Cup. The proclamation included an exemption for "any athlete or member of an athletic team, including coaches, persons performing a necessary support role, and immediate relatives, traveling for the World Cup, Olympics, or other major sporting event as determined by the secretary of state."

It did not mention fans. Fan fearsThere are signs current immigration policies were already impacting soccer fans and spurring worries over safety. A Latin American supporters group in Nashville stayed away from a recent Major League Soccer game because of ICE activity in the city. The city's Geodis Park is set to host three Club World Cup matches.

Danny Navarro, who offers travel advice to followers on his social media platforms under the moniker TravelFutbolFan, said

the World Cup Task Force announcement did not allay fears about travel, especially when Vice President JD Vance said, "We want them to come. We want them to celebrate. We want them to watch the game. But when the time is up, they'll have to go home. Otherwise, they'll have to talk to (Homeland Security) Secretary (Kristi)

That insinuated fans visiting the United States for the World Cup could use it to stay in the country, which is nonsensical, Navarro maintained.

For many countries, fans traveling to the World Cup — an expensive travel plan with hiked flight and hotel prices — are broadly viewed as higher-spending and lower-risk for host nation security

Navarro put the onus on FIFA. "They must know that there is an anxiety among international travelers wanting to come in. They must know there's an anxiety among the U.S. Fan base that is multicultural and wanting to go to all these places. Are they going to? Are they going to be harassed by ICE?" Navarro said.

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